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# Emodin and rhein in *Cassia tora* ameliorates activity of mitochondrial enzymes involved in oxidative phosphorylation in the retina of diabetic mice

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## Abstract

*Cassia tora* is an annual herb, which has pharmacological effects such as antioxidant, hypolipidemic, and antidiabetic effects. Accordingly, its effect on diabetes has been well-studied. However, it is unclear whether it has an effect on mitochondrial dysfunction associated with diabetes. In this study, the effects of emodin and rhein in *C. tora* seed ethanolic extract (ER/CSEE) on retinal mitochondrial function were examined in high-fat diet (HFD)-fed mice. HFD-fed mice exhibited decreased mitochondrial function followed by compensatory increase in the expression levels of mitochondrial enzymes. However, ER/CSEE treatment for 12 weeks ameliorated the activity of retinal mitochondrial complexes and reduced the expression level of enzymes involved in oxidative phosphorylation, except that of complex II and citrate synthase in citric acid cycle. This suggests that repairing capacity of enzymes in electron transport chain and citric acid cycle of mitochondria are different in response to the metabolic state. Therefore, it concluded that emodin and rhein play a pharmacological role in fat metabolism by influencing activities of enzymes in citric acid cycle linked with beta-oxidation in retina.

**Keywords:** *Cassia tora*, Emodin, Rhein, Mitochondria, Oxidative phosphorylation, Type 2 diabetes

## Introduction

Type 2 diabetes (T2D) is the most threatening metabolic disease, affecting more than 10% population worldwide [1]. A typical symptom of T2D is abnormal glycemic regulation, and the long-term progression of T2D results in severe complications in critical organs in the human body [2]. Mitochondrion is the central organelle for glucose catabolism, in which adenosine triphosphate molecules

are produced from glucose-delivered metabolites in the process of oxidative phosphorylation (OXPHOS) [3]. Increased concentration of glucose in blood results in increased glucose uptake by the organs, thus leading to an overload of metabolites in the mitochondria. This can further lead to an imbalance in metabolism and elevate oxidative stress [4]. Several organs malfunction due to diabetes; particularly, metabolic imbalance and unregulated angiogenesis in the eye can cause diabetic retinopathy [5]. Diabetic retinopathy is the most frequent cause of blindness, with its prevalence reported in 60% of patients with T2D [6]. The pathogenesis of retinopathy involves swelling of the macula and proliferation of retinal blood vessels that eventually disrupt clear vision [7, 8].

*Cassia tora* is well known in East Asia as an alternative medicine to treat diabetes and retinal dysfunction. Other than this, the whole plant, leaves, roots, and seeds

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of *C. tora* have been used as a traditional medicine to treat various diseases such as psoriasis, skin diseases, and cardiovascular diseases [9]. The extract of *C. tora* contains pharmacologically useful phenolic compounds such as anthraquinones, naphthopyrones, naphthalenes, and hydroanthracenes and their glucosides [10, 11]. In a previous study, when the butanol-extracted fraction of *C. tora* seeds was administered to streptozotocin-induced diabetic rats, the diabetes was ameliorated by the reduction of postprandial blood glucose and insulin secretion [12]. In addition, *C. tora* seed extract was shown to have hypolipidemic activity [13]. However, the effect of *C. tora* seeds on mitochondrial dysfunction associated with T2D are poorly examined. Therefore, we assessed the efficacy of emodin and rhein in *C. tora* seeds ethanolic extract (ER/CSEE) on the retinal health of mice with diabetes induced by a high-fat diet (HFD). Specifically, we examined the effect of ER/CSEE treatment on the mitochondrial function of the retina by measuring the activity of enzymes involved in OXPHOS thereby identify the linkage between the *C. tora* and functional improvement of mitochondria.

## Materials and methods

### Preparation of *C. tora* seed extract

*Cassia tora* seeds were bought from a commercial supplier Gyeongdong market (Seoul, Republic of Korea). The seeds of *C. tora* were ground into a powder with particle size of 40 mesh, and their extract was prepared in 70% ethanol. The extract was filtered and concentrated by rotary evaporation (Heidoph, LABORATA 4000, Schwabach, Germany). The concentrate was freeze dried and stored at  $-20^{\circ}\text{C}$  till further analysis.

### High-performance liquid chromatography for the quantification of Emodin and Rhein

CSEE was subjected to high performance liquid chromatography (HPLC; 1290 Infinity II, Agilent Technologies, USA) to quantify the active compounds. Dried CSEE was dissolved in ethanol and heated at  $60^{\circ}\text{C}$  for 20 min. This was followed by sonication, and further, the extract was filtered using a membrane filter of pore size  $0.45\ \mu\text{m}$ . A total of  $10\ \mu\text{L}$  sample was loaded to  $\text{C}_{18}$  ( $4.60 \times 250\ \text{mm}$ ) column in  $\text{CH}_3\text{CN}$ :10 mM/phosphate buffer (50:50 ratio; pH 2.6) with flow rate of 0.7 mL/min.

### Animals and diets

All procedures were performed according to Guide for Institutional Animal Care and Use Committee of the Korea Food Research Institute (KFRI-IACUC, KFRI-M-16037). In this study, 5-week-old male C57BL/6 J mice (Central Lab. Animal Inc., Seoul, Republic of Korea) were maintained in a cage at  $21\text{--}25^{\circ}\text{C}$ , 50–60% humidity, 12 h

each of light and dark cycles, and ad libitum access to food and water. After acclimatization period of 1 week, the mice were divided into three groups depending on the diet type. They were as follows: normal diet (ND; 10% calories corresponding to fats, Research diets Inc., New Brunswick, USA), HFD (45% calories corresponding to fats, Research diets Inc., New Brunswick, USA), and HFD with 0.1% ER/CSEE (w/w). The diet was maintained for 12 weeks. After the experimental period, blood was obtained from the retro-orbital sinus of mice in the fasting state. The eyes were removed, weighed, immediately snap-frozen in liquid  $\text{N}_2$ , and stored at  $-80^{\circ}\text{C}$  till further analysis.

### Assessment of mitochondrial oxidative phosphorylation

Using homogenized eyes, individual activity of complexes I, II, III, and IV was measured by spectrophotometry using S-3100 UV-Vis Spectrophotometer (Scinco, Seoul, Republic of Korea) [14]. The activity of complex I [nicotinamide adenine dinucleotide (NADH) dehydrogenase] was assessed using NADH and ubiquinone as substrates in 50 mM potassium phosphate at pH 7.5 containing 3 mg/mL bovine serum albumin (BSA), 0.1 mM NADH, 0.3 mM KCN, and 0.06 mM ubiquinone. The reaction for the complex I was monitored by checking absorbance at 340 nm; decrease in absorbance indicated oxidation of NADH. The activity of complex II (succinate dehydrogenase) was assessed using succinate and ubiquinone as substrates in 50 mM potassium phosphate at pH 7.5 containing 1 mg/mL BSA, 0.05 mM decylubiquinone, 20 mM succinate, 0.3 mM KCN, and 0.015% (w/v) 2,6-dichlorophenolindolphenol (DCPIP). The reaction for the complex II was monitored by measuring absorbance at 600 nm; decrease in absorbance indicated reduction of DCPIP. The activity of complex III (cytochrome bc1 complex) was assessed using ubiquinol and ferric form of cytochrome c as substrates in 50 mM potassium phosphate at pH 7.5 containing 2.5% (v/v) Tween<sup>®</sup>20, 0.3 mM KCN, 0.1 mM decylubiquinol, 0.1 mM ethylenediaminetetraacetic acid, and 0.075 mM cytochrome c. The reaction for the complex III was monitored by measuring absorbance at 550 nm; increase in absorbance indicated reduction of cytochrome c. The activity of complex IV (cytochrome c oxidase) was assessed using 0.06 mM ferrous form of cytochrome c as a substrate in 10 mM potassium phosphate at pH 7.0. The reaction for the complex IV was monitored by measuring absorbance at 550 nm; decrease in absorbance indicated oxidation of cytochrome c. Citrate synthase was quantified using acetyl CoA and oxaloacetate as substrates in 20 mM Tris buffer at pH 8.0 with 0.2% (v/v) triton X-100, 0.3 mM acetyl CoA, 0.5 mM oxaloacetate, and 0.1 mM 5,5'-dithiobis-(2-nitrobenzoic acid) (DTNB).

The reaction was monitored by measuring absorbance at 412 nm; increase in absorbance indicated reduction of DTNB to 2-nitro-5-thiobenzoic acid (TNB). All chemicals used for the assays were purchased from Sigma Aldrich (St. Louis, USA).

### Western blotting

Mitochondria was isolated from homogenized eyes using Mitochondria Isolation Kit for Tissue (Thermo Fisher Scientific, Waltham, USA). Isolated mitochondria was loaded on 12% gel prepared using TGX™ FastCast™ Acrylamide Kit (Bio-Rad, Hercules, USA), and isolated proteins were transferred to polyvinylidene fluoride (PVDF) membrane (Bio-Rad) using Trans-Blot Turbo Transfer system (25 V and 1A for 30 min: Turbo-Standard). The membrane was blocked with 2.5% Blotting-Grade Blocker (Non-fat dry milk, Bio-Rad) in TBST buffer (20 mM Tris, 150 mM NaCl, and 0.1% Tween®20; pH 7.5) for 1 h at 26 °C followed by overnight incubation at 4 °C with two primary antibodies: anti-OxPhos (1:500 dilution; Anti-OxPhos complex kit; Invitrogen, Carlsbad, USA) and prohibitin (1:500 dilution; Santacruz, Dallas, USA). Further, the membrane was washed several times with TBST buffer and incubated with goat anti-mouse IgG (H+L) secondary antibody (1:3000 dilution) with horseradish peroxidase-conjugate (Invitrogen) for 1.5 h at 26 °C. The protein complexes were visualized using Clarity™ Western ECL Substrate (Bio-rad) on ChemiDoc System from Bio-rad. The samples were analyzed using Image Lab 6.0. (Bio-rad).

### Statistical analysis

Results are expressed as the means or as the mean  $\pm$  SD. One-way analysis of variance (ANOVA) with post hoc Tukey test was used for statistical analysis using GraphPad Prism 8.0.1 software (GraphPad, Inc., La Jolla, USA). A p value of  $<0.01$  was considered statistically significant.

## Results

### Identification of emodin and rhein in CSEE

Emodin and rhein are the anthraquinone metabolites known to have pharmacological effects [15–18]. For the quantification of them in CSEE, HPLC was performed. Emodin and rhein were found in CSEE, accounting for a total concentration of 8.51% (data not shown).

### ER/CSEE alleviated a compensatory increase in mitochondrial enzymes induced by HFD

To assess the changes in the expression level of mitochondrial enzymes, western blotting was performed. The tendency of expression level change depending on the diet group was similar for all the mitochondrial complexes. Compared with the normal diet group, the HFD group

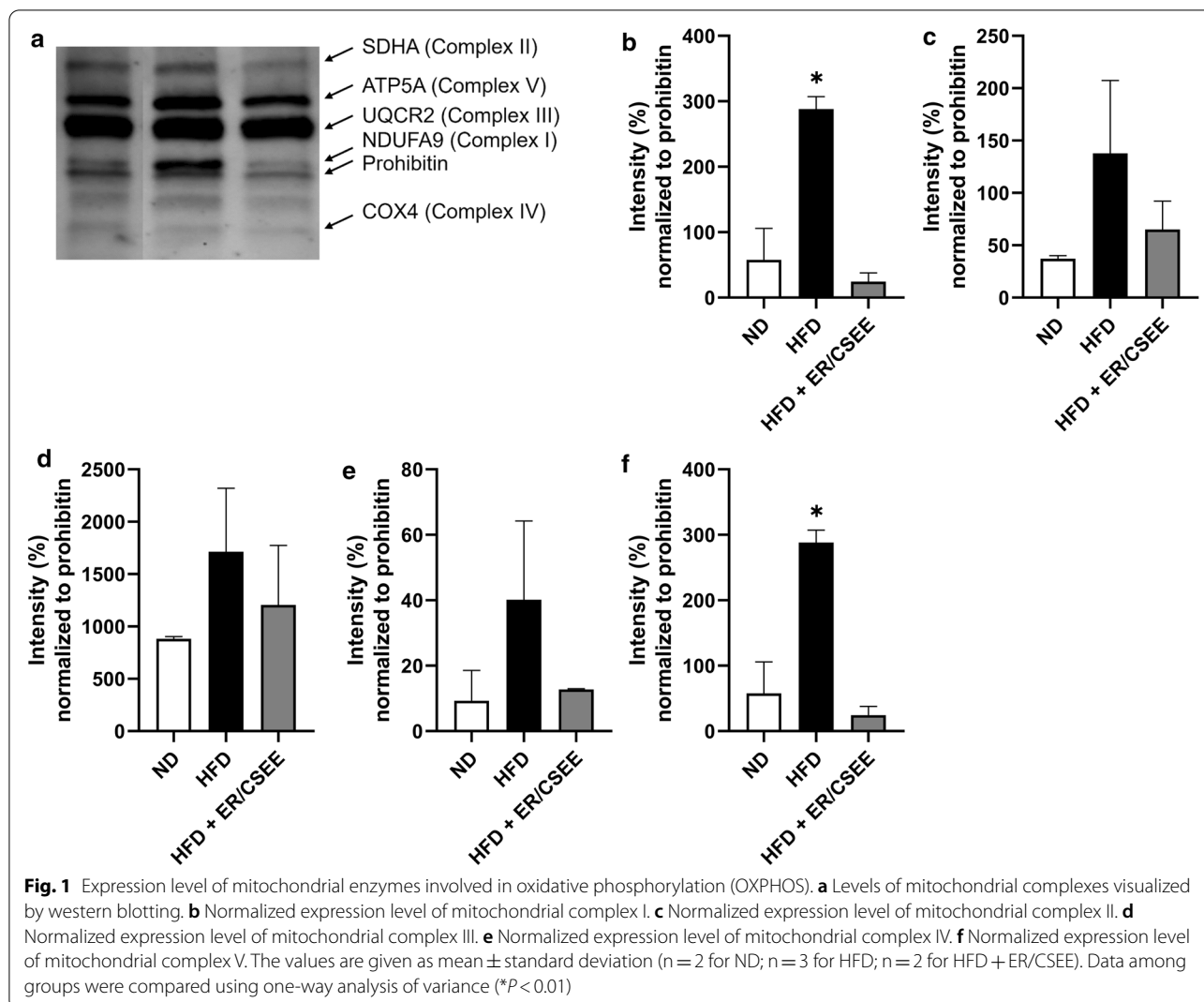
exhibited increased expression levels of mitochondrial complexes I–V. However, administration of ER/CSEE to HFD mice resulted in a decrease in the expression levels of mitochondrial complexes, bringing the levels similar to those of normal diet group (Fig. 1). In a previous study, beta-cell mass and expression level of a specific protein exhibited compensatory increase in response to early diabetes [19]. This compensatory increase is the result of cellular response to ameliorate functions that might be disrupted by HFD [20]. Therefore, it can be assumed that the administration of ER/CSEE successfully repaired HFD-induced distorted metabolism in retinal cells or blocked the process of disruption.

### ER/CSEE recovered the HFD-induced disrupted function of mitochondrial enzymes involved in OXPHOS

The activity of mitochondrial enzymes involved in OXPHOS was investigated in the three mice groups. The activity of all mitochondrial enzymes reduced after HFD in comparison with normal diet. However, when ER/CSEE was administrated to HFD-fed mice, activity of some of the mitochondrial enzymes was drastically recovered (Fig. 2). In case of complexes I and IV, mitochondrial activity was recovered and brought to the level similar to that of normal diet group. For complex III, although its activity in HFD with ER/CSEE group exhibited a slight decrease compared with ND, it was recovered to a considerable extent in comparison with that in HFD group.

### HFD-induced disrupted function of enzymes in the citric acid cycle was not recovered by ER/CSEE

Though the activity of mitochondrial complexes I, III, and IV was recovered by ER/CSEE after HFD, that of complex II and citrate synthase did not exhibit any specific change compared with that in HFD group (Fig. 2b and e). Mitochondrial complex II and citrate synthase are the enzymes involved in the citric acid cycle. NADH and FADH<sub>2</sub>, which act as crucial coenzymes for mitochondrial complexes I and II, are produced in citric acid cycle. In normal glucose metabolism, glucose is converted into pyruvate through glycolysis. Before entering the citric acid cycle, acetyl CoA is produced by pyruvate dehydrogenase from pyruvate. In lipid metabolism, triglyceride breaks down into glycerol and fatty acids. Fatty acids are metabolized through beta-oxidation to produce NADH, FADH<sub>2</sub>, and acetyl CoA. Further, acetyl CoA enters the citric acid cycle. When diet contains high portion of fats, extra energy is stored in the form of triglycerides resulting in a high influx of fatty acids for beta-oxidation. It leads to increased production of acetyl CoA as a substrate of the citric acid cycle, resulting in overload of metabolites in the citric acid cycle. Consequently, it may

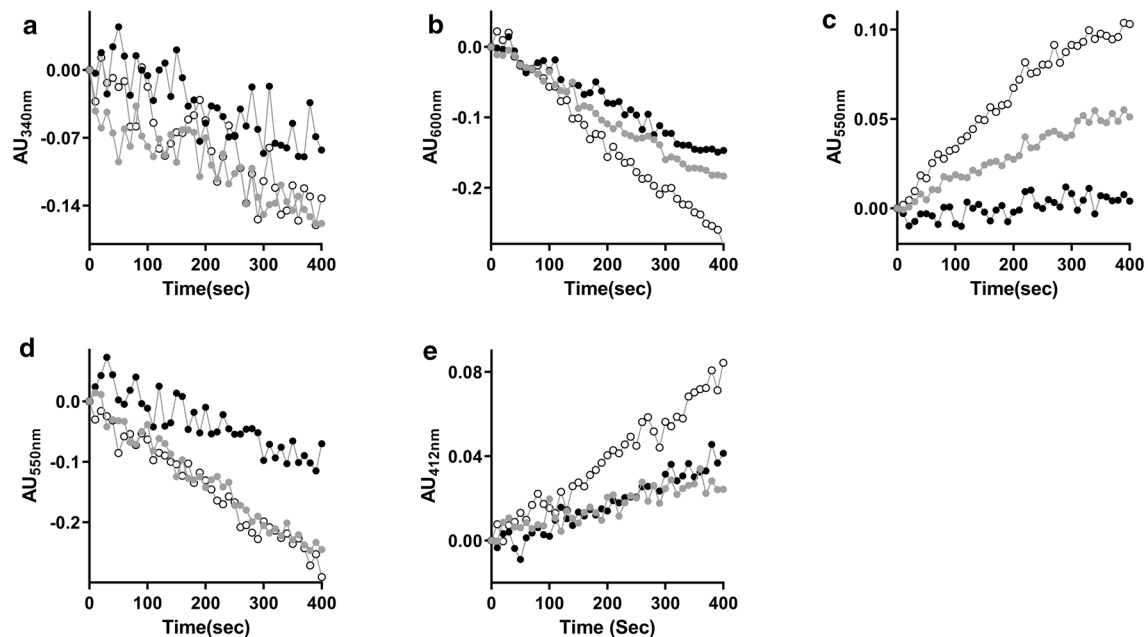


cause disruption of functions of enzymes involved in the citric acid cycle.

### Discussion

The seeds of *C. tora*, as alternative medicine, are known in East Asia for their effect on retinal health and diabetes [9]. To identify the function of emodin and rhein in *C. tora* on diabetic eyes, we investigated their effect on mitochondrial function in the eyes of mice with diabetes. Our previous research shows that blood index and expression level of mitochondrial enzymes, the inclusion of ER/CSEE with HFD diet prevented the deleterious effects of HFD diet. Moreover, mice fed with HFD and ER/CSEE exhibited similar levels of mitochondrial enzymes as those in mice fed with normal diet. Administration of ER/CSEE to HFD-fed mice exhibited decreased levels of fasting glucose and insulin, HOMA-IR, and increased adiponectin secretion compared with HFD-fed

mice [21]. An earlier study reported that hyperinsulinemia caused by T2D resulted in a modified mitochondrial function causing increase in maximal OXPHOS capacity of oxygen consumption in diabetic Nile rats to compensate metabolic imbalance [22]. However, continuation of this modified mitochondrial function for 2 months resulted in compromising the integrity of the mitochondrial outer membrane. Finally, after 12 months, pericyte loss, the symptom of diabetic retinopathy, was observed. Additionally, other studies reported that diabetes-induced mitochondrial dysfunction was observed with oxidative stress and mutation in superoxide dismutase, and mitochondrial compensation in T2D preceded severe complications in the retina [23–25]. In this study, mitochondrial compensation was also observed in the form of increased expression level of enzymes involved in OXPHOS in HFD group. The process of OXPHOS is divided into the citric acid cycle and electron transport



**Fig. 2** Activity of mitochondrial complexes and citrate synthase involved in OXPHOS. **a** Activity of mitochondrial complex I. **b** Activity of mitochondrial complex II. **c** Activity of mitochondrial complex III. **d** Activity of mitochondrial complex IV. **e** Activity of mitochondrial citrate synthase. Activities in ND are shown as white dots, HFD as black dots, and HFD + ER/CSEE as gray dots. Values are given as means ( $n = 7$  for all groups)

chain. In HFD with ER/CSEE group, the expression levels of mitochondrial enzymes of the electron transport chain were similar to those in normal diet group (Fig. 1). This indicated that ER/CSEE successfully prevented the metabolic imbalance in the early stage of diabetes, also averting mitochondrial compensation and diabetic retinopathy. In contrast, the activity of the enzymes involved in OXPHOS in mitochondria exhibited different patterns according to the category of the enzymes (Fig. 2). In HFD with ER/CSEE group, enzyme activity of the complexes I, III and IV in electron transport chain was found to be recovered compared with that in HFD group. However, the activity of enzymes of the citric acid cycle, complex II, and citrate synthase did not recover. This suggests that the function of enzymes involved in the citric acid cycle and electron transport chain are differently repaired by the administration of emodin and rhein. Given that the beta-oxidation of fatty acid decomposition is directly linked to the citric acid cycle, it can be speculated that emodin and rhein in *C. tora* are involved in the amelioration of overall fat metabolism with reduction of circulating triglyceride and fatty acid by fat oxidation. It might result in burdening enzymes in the citric acid cycle before the direct action on the mitochondrial function improvement. In addition, it should be noted that the methodological approach of the current study as assessing the mitochondrial enzyme activity provided a profound analysis of the changes in enzyme function in response to the

metabolic state, in comparison to detecting the enzyme expression level by western blotting which exhibits superficial and similar changes in all complexes. In conclusion, administration of the emodin and rhein to HFD mouse successfully enhanced mitochondrial enzymes' activity in the electron transport chain and prevented the compensatory increase of mitochondrial enzyme expression in retina in vivo that should lead to mitochondrial dysfunction and diabetic retinopathy induced by metabolites overload.

#### Abbreviations

CSEE: *C. tora* seed ethanolic extract; ER/CSEE: Emodin and rhein in *C. tora* seed ethanolic extract; HFD: High-fat diet; T2D: Type 2 diabetes; OXPHOS: Oxidative phosphorylation; NADH: Nicotinamide adenine dinucleotide; BSA: Bovine serum albumin; DCPIP: 2,6-dichlorophenolindolphenol; DTNB: 5,5'-Dithiobis-(2-nitrobenzoic acid); TNB: 2-Nitro-5-thiobenzoic acid; PVDF: Polyvinylidene fluoride.

#### Acknowledgements

Not applicable.

#### Authors' contributions

SS, MC conceived the project and designed the experiments. MU, EK and TH performed the experiments. SS, MC, MU and EK analyzed the data, and EK, and SS wrote the manuscript. All authors read and approved the final manuscript.

#### Funding

This work was supported by the National Research Foundation of Korea (Grant Number 2020R1A2C1101110) and by the Korea Institute of Planning and Evaluation for Technology in Food, Agriculture, Forestry (IPET) through High Value-added Food Technology Development Program, funded by the Ministry of Agriculture, Food and Rural Affairs (MAFRA) (Grant Number 313028-3).

**Availability of data and materials**

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

**Declarations****Competing interests**

The authors declare that they have no competing interests.

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Received: 24 February 2021 Accepted: 17 April 2021

Published online: 28 April 2021

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