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# Therapeutic effects of sesamol in on leukemia induced by WEHI-3B in model mice

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## Abstract

Sesamol is one of the lignans derived from sesame oil. It has demonstrated significant antioxidant, anti-aging, and anti-mutagenic properties. It also reportedly augments natural killer (NK) cell lysis activity. We previously reported that sesamol also exerts anticancer effects in vitro and induces enhanced NK cell cytolytic activity against tumor cells. Herein, we aimed to determine the mechanism by which sesamol prevents and retards tumorigenesis in BALB/c mouse models of leukemia induced by murine (BALB/c) myelomonocytic leukemia WEHI-3B cells. Banded neutrophils, myeloblasts, and monocytic leukemic cells were more abundant in the leukemia model than in normal mice. Sesamol decreased the number of leukemic cells by almost 60% in the leukemia model mice in vivo; additionally, sesamol and the positive control drug, vinblastine, similarly hindered neoplastic cell proliferation. Spleen samples were ~ 4.5-fold heavier in leukemic mice than those obtained from normal mice, whereas spleen samples obtained from leukemic mice treated with sesamol had a similar weight to those of normal mice. Moreover, sesamol induced a twofold increase in the cytotoxic activity of leukemic mouse NK cells against WEHI-3B cells. These results indicated that sesamol exerts anti-leukemic effects in vivo.

**Keywords:** Cancer, Therapy, Sesamol, Leukemia, Myeloblast, Sesame

## Introduction

Cancer is generally defined as atypical cell proliferation, and the hallmarks of tumor development comprise insensitivity to anti-growth signals, metastasis, apoptotic evasion, unlimited replicative potential, and sustained angiogenesis [1, 2]. The most common cause of cancer is chronic inflammation [3], during which the immune system is tasked with releasing protective agents, such as reactive oxygen species and nitric oxide, to counter pathogens [4]. These agents disrupt the DNA repair mechanisms, which can result in DNA mutations [3].

Leukemia is a type of blood cancer that generally arises in the bone marrow and results in an overabundance of immature leukocytes. The main symptoms of leukemia include bruising, bleeding, fever, and high susceptibility to infections [5]. Leukemia comprises both the

lymphocytic type and the myeloid type, according to the category of overly proliferating blood cells. Myeloid leukemia is characterized by the rapid growth of myeloid cells and immature granulocytes that accumulate in the bone marrow and blood [6]. Herein, we induced a leukemia model by intraperitoneally injecting BALB/c mice with WEHI-3B cells.

Sesamol is a representative lignan in sesame oil [7] that demonstrates verified antioxidative effects [8]. We previously showed that sesamol exerts anticancer (anti-leukemic) effects in an in vitro study. Our results indicated that the increased sensitivity of sesamol-treated myeloma cells to natural killer (NK) cell lysis is caused by heightened NKG2D ligand expression on the surface of myeloma cells, resulting from a more robust ERK signaling pathway [9]. We also disclosed that sesamol stimulates NK cell cytolytic activity via phosphorylation of the p38, ERK1/2 and JNK pathways [10]. These findings indicated that sesamol exerts therapeutic effects against tumors. However, such effects have not been

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demonstrated in vivo. Therefore, the present study aimed to determine whether sesamol exerts anti-leukemic effects in vivo.

## Materials and methods

### Reagents

Sesamol was obtained from Nagara Science (Tokyo, Japan) and all reagents with unspecified sources were purchased from Sigma-Aldrich (Seoul, Republic of Korea).

### Preparation of naïve NK cells

Naïve NK cells were isolated from the spleen of C57/BL6 mice (Dooyeol Biotech Lab, Republic of Korea). The spleen was flushed with phosphate-buffered saline (PBS), and splenocytes were isolated by passing the obtained fluid through a nylon filter with 70 µm pores. NK cells were purified by negative selection with immunomagnetic beads (Miltenyi Biotec, Bergisch Gladbach, Germany). The mice were housed under standard conditions (22°C–24°C, 40%–60% humidity) and fed a standard chow diet (Purina, MO, USA). All experimental protocols in vivo were conducted in accordance with the guidelines provided by the Ethics Committee for Animal Experimentation of Chungbuk National University (Permit Number: CBNUA-1174-18-01, CBNUA-1282-19-01).

### Murine WEHI-3B leukemia cells

The murine (BALB/c) myelomonocytic leukemia cell line, WEHI-3 (Sigma-Aldrich), was cultured at 37 °C under a 5% CO<sub>2</sub> atmosphere in high-glucose Dulbecco's Modified Eagle (DMEM) medium (Hyclone Laboratories Inc., Logan, UT, USA), containing 10% fetal bovine serum (FBS) (Hyclone Laboratories Inc.) in addition to 100 U/mL penicillin and 100 µg/mL of streptomycin (both purchased from Thermo Fisher Scientific Inc., Waltham, MA, USA).

### Establishment of the murine leukemia model

A leukemia model was established as per the procedures described by He and Na [11]. Normal and leukemic mice were orally administered with sesamol. The first trial of BALB/c mice proceeded in two parts. Part 1: Eight normal mice were untreated (control). Part 2: Eight mice were divided into two groups, namely 1 and 2 (n=8 each), and were injected intraperitoneally (i.p.) with  $1 \times 10^5$  and  $1 \times 10^6$  WEHI-3B cells, respectively. They were photographed 10 days later. The mice were euthanized immediately thereafter under ether anesthesia, and autopsied.

The second trial comprised two parts. Part 1: Normal BALB/c mice were divided into groups, namely 1 and 2 (n=8 each), which were untreated (control) or

administered with sesamol (10 mg/kg) in carboxymethyl cellulose (CMC), respectively. Part 2: Thirty mice were divided as follows: group 3 (n=8) mice were injected i.p. with  $1 \times 10^5$  or  $1 \times 10^6$  WEHI-3B cells (disease control); group 4 (n=8) mice were injected i.p. with WEHI-3B cells, then administered with vinblastine (2.5 µg/kg) in CMC (positive control); group 5 (n=8) mice were injected with WEHI-3B cells, then administered with sesamol in CMC. Three doses per week of vinblastine and sesamol were administered *per os* (p.o.).

The third trial comprised two parts. Part 1: Normal BALB/c mice (n=16) were divided into two groups (n=8 each). Group 1 was the untreated control, and Group 2 mice were administered with sesamol (10 mg/kg) in CMC. Part 2: Thirty mice were divided into three groups. Group 3 (n=8) mice were injected i.p. with  $1 \times 10^5$  WEHI-3B cells (disease control). Group 4 (n=8) mice were injected i.p. with WEHI-3B cells, then administered with sesamol on the same day. Group 5 mice were injected i.p. with WEHI-3B cells, then administered with sesamol from five days thereafter.

None of the mice spontaneously died after sample inoculation. All mice were euthanized 31 days after injection with WEHI-3B cells under ether anesthesia, following which blood, liver, and spleen samples were collected.

### Histopathological assessment of bone marrow smears

The heads of femurs from the euthanized mice were removed and the marrow was flushed. Bone marrow and blood samples were smeared as per previously described methods [12]. Leukocytes in bone marrow and blood smears stained with Diff-Quick (Thermo Fisher) were morphologically identified, and ratios (%) of myeloblasts or neoplastic cells were determined by counting 200 nucleated cells using a microscope.

Isolated spleen samples were fixed in 4% formaldehyde, embedded in paraffin, and sectioned at 5 µm thickness for histopathological assessment. The paraffin-embedded sections were mounted on slides glass, stained with hematoxylin and eosin (H&E) as per methods described previously [12], and then histopathological evaluation was conducted by microscopy at 400× magnification.

### Fluorescence-activated cell sorter (FACS) analysis

Peripheral blood mononuclear cells (PBMCs) were analyzed by FACS using the FACSCalibur (Becton Dickinson and Co., Franklin Lakes, NJ, USA) as per previously described methods [13]. Briefly, blood was collected from each mouse, and then PBMCs were isolated using a Ficoll density gradient and stained with the fluorescence-labeled monoclonal antibodies (mAb), namely anti-CD3-FITC, anti-CD19-FITC, anti-CD11b-PE,

anti-Mac-3-FITC, and isotype control antibodies (all purchased from Becton Dickinson and Co.).

#### NK cell cytotoxicity assays

The cytolytic ability of NK cells was determined using lactate dehydrogenase (LDH) assays (Takara Bio Inc., Kusatsu, Japan). Cancer (target) ( $6 \times 10^4$ ) and NK (effector) cells ( $1.8 \times 10^5$ ) mixed in 96-cell plates were incubated under a 5% CO<sub>2</sub> atmosphere at 37 °C. After 4 h, the plates were centrifuged at  $250 \times g$  for 10 min, and supernatants (100  $\mu$ L) were transferred to new 96-well plates and mixed with the LDH assay substrate (100  $\mu$ L). Assay results were measured as absorbance at 490 nm.

Cytotoxicity was calculated as:

$$\% \text{ cytotoxicity (\%)} = [(A - \text{low control}) / (\text{high control} - \text{low control})]$$

where A = [effector-target cell mix] – [effector-cell control]. Spontaneous LDH release was considered as the amount of activity released from the cancer cells in the low control, and maximal LDH release was measured by adding Triton X-100 to the high control. The effector-cell control measured spontaneous LDH release, which

was the amount of LDH activity released from NK cells. The low- and effector-cell control groups were treated with dimethyl sulfoxide (DMSO), which was the vehicle for sesamol.

#### Statistics

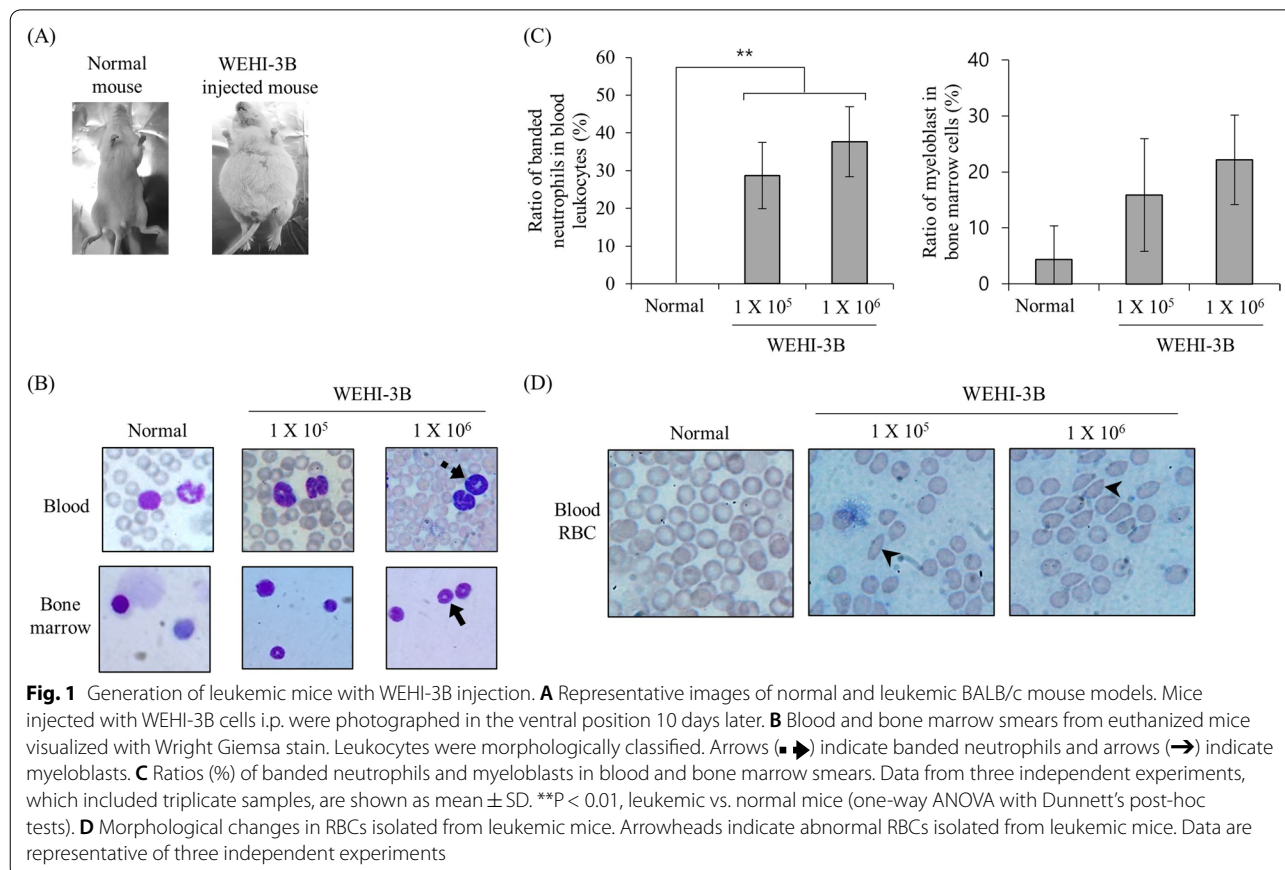
Results are expressed as mean  $\pm$  SD (standard deviation). Data were statistically analyzed using one-way analyses of variance (ANOVA) followed by Dunnett's post-hoc tests. Values with  $P < 0.05$  were considered statistically significant for better specificity.

#### Results

##### Establishment of leukemia animal model to assess anti-leukemic activity of sesamol

We established a WEHI-3B-induced leukemia model in the first trial, as described in Materials and Methods. It is shown in Fig. 1A that the abdomens of mice with induced leukemia were swollen with ascites. Moreover, cancerous tissues were found between the peritoneum and abdominal muscles in a few mice (data not shown).

The establishment of the leukemia model was verified by the presence of immature and neoplastic leukocytes



in the blood and bone marrow. Blood and bone marrow smears examined by microscopy 10 days after injecting the mice with WEHI-3B cells revealed several neoplastic cells containing large, irregular, and doughnut-shaped nuclei; conversely, only a few neoplastic cells were evident in normal mice (Fig. 1B). The mice injected with WEHI-3B cells manifested more banded neutrophils and myeloblasts in the blood smear and bone marrow smear, respectively. The ratios (%) of neoplastic cells in the blood and bone marrow are depicted in Fig. 1C. Banded neutrophils and myeloblasts in the blood smears, and myeloblasts in the bone marrow smears were considered as neoplastic. Although the difference did not demonstrate statistical significance, the number of neoplastic cells increased depending on the number of injected WEHI-3B cells.

The biconcave morphology of red blood cells (RBCs) was lost in leukemic mice (Fig. 1D), and the cells appeared longer, uneven, and elliptocytic. It is shown in Fig. 1 that the suitability of the leukemia model induced by WEHI-3B cells was verified for the present study.

#### **Anti-leukemic effect of sesamol in vivo**

We investigated the anti-leukemic effects of sesamol in vivo using the WEHI-3B-induced leukemia mouse model established, as enumerated in Table 1 (second trial). The mice were administered with sesamol and vinblastine (positive control drug) p.o. after leukemia induction was verified.

Figure 2 shows more banded neutrophils, myeloblasts, and immature neutrophils in blood smears from the leukemia model than in the blood smears from normal mice. Leukemic mice treated with sesamol showed a similar number of malignant hematopoietic cells as leukemic mice treated with vinblastine. Microscopy findings of bone marrow smears also revealed more myeloblasts in leukemic mice than in normal mice, and that sesamol and vinblastine decreased myeloblast numbers (Fig. 3). The inhibitory effects of sesamol and vinblastine on neoplastic cell proliferation were similar.

**Table 1** Timetable for study of anti-leukemia activity of sesamol in vivo

Day	Action
0	IP injection of $1 \times 10^5$ or $1 \times 10^6$ WEHI-3B cells
5–10	Leukemia induction confirmed by direct peripheral blood and bone marrow smear
10–30	Sesamol therapy (3 doses/week)
31	Sacrifice and autopsy

#### **Effects of sesamol on the weight and histopathology of spleen and liver**

Spleen and liver samples from all mice were weighed. Fig. 4A, B show the anticancer effects of sesamol on organ weight and Fig. 4C shows the histological findings of the spleen. The evidently heavier spleen in the model, compared to that in normal mice, exhibited a reduction in weight, which was induced by sesamol (10 mg/kg). Spleen samples from leukemic mice contained large, irregular cells, whereas those from leukemic mice treated with sesamol appeared similar to spleen samples obtained from normal mice (Fig. 4C). Since leukemia induction did not significantly increase liver weight, the anti-leukemic effect of sesamol could not be confirmed by changes in liver weight. Therefore, histological analysis of liver tissue was not necessary.

#### **Anti-leukemic effects of sesamol at various time points**

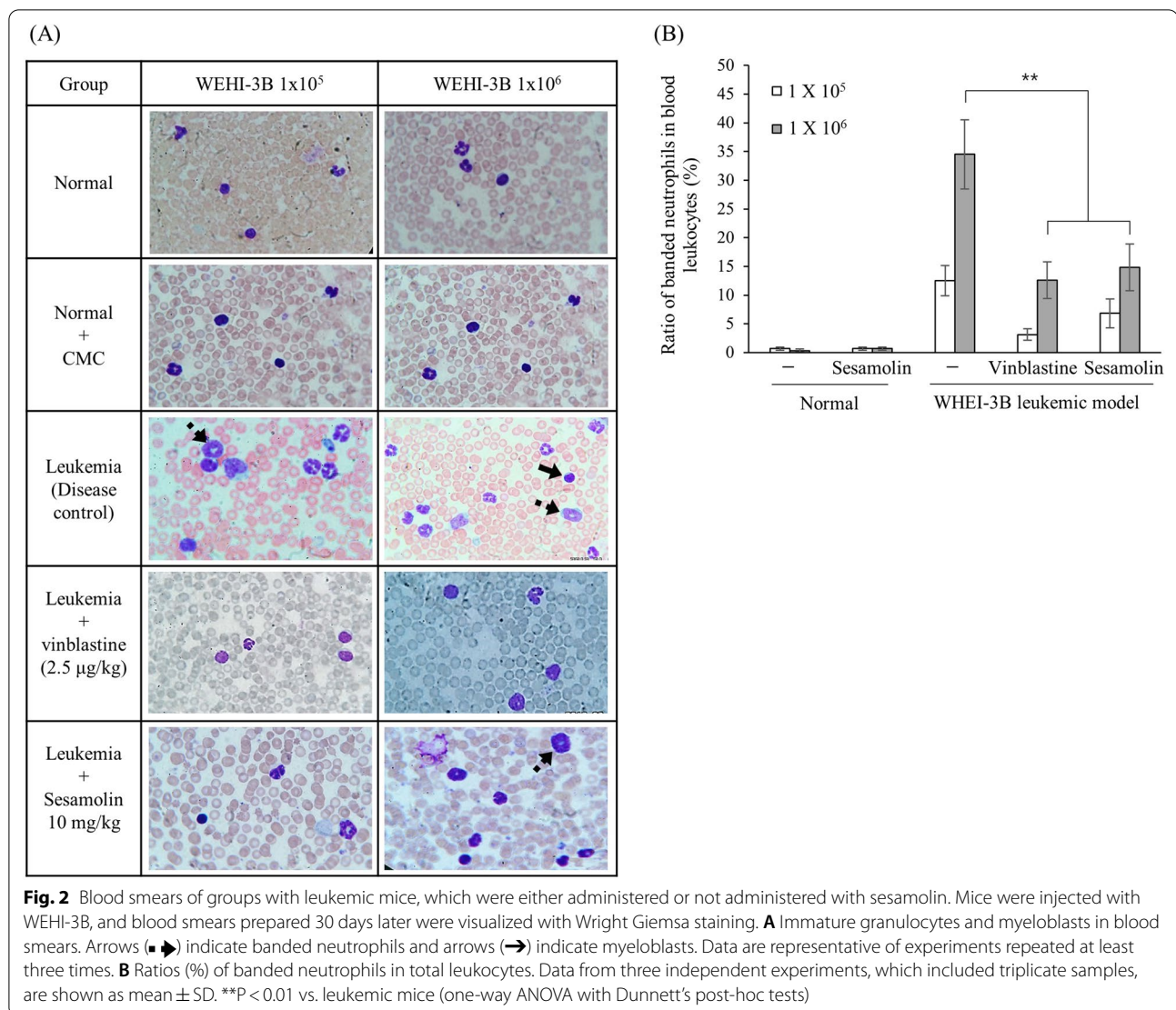
We investigated whether the anti-leukemic effects of sesamol differed depending on the time of administration. Normal and leukemic mice, classified according to the criteria listed in Table 2, were administered with sesamol following the schedule depicted in Table 3 (third trial). Group 4 mice were administered with sesamol on the same day that they were injected with WEHI-3B cells, and group 5 mice were administered with sesamol after leukemia induction was confirmed. To prevent repeated experimental data for analysis, the vinblastine treatment group was not included in the third trial.

Blood and bone marrow smears (Fig. 5A) showed that sesamol decreased the number of neoplastic cells (banded neutrophils and myeloblasts) induced by WEHI-3B. The ratio (%) of neoplastic cells expressed as proportions of banded neutrophils and myeloblasts among 200 leukocytes and bone marrow cells, respectively, is depicted in Fig. 5B. More banded neutrophils and myeloblasts were found in leukemic mice than in normal mice. Sesamol reduced the number of banded neutrophils and myeloblasts in leukemic mice (groups 4 and 5). However, groups 4 and 5 demonstrated similar ratios (%) of neoplastic cells. These indicated that the anti-leukemic effects of sesamol are independent of the time of administration.

#### **Impact of sesamol on the weight of the liver and spleen**

Spleen and liver samples obtained from individual mice from each group on days 5 and 31 were photographed (Fig. 6A) and weighed (Fig. 6B). The spleen samples were longer and wider in leukemic mice compared to the samples obtained from normal mice (Fig. 6A). Moreover, spleen samples were ~ 4.5-fold heavier in leukemic mice in comparison with the spleen samples from normal





mice. In Fig. 6B, it is shown that sesamolin exerted similar effects on the spleen when administered on the same day that WEHI-3B cells were injected (group 4) and after tumors were established (group 5). In contrast, leukemia induction did not significantly increase liver weight; thus, the anti-leukemic effects of sesamolin could not be verified in terms of a change in liver weight.

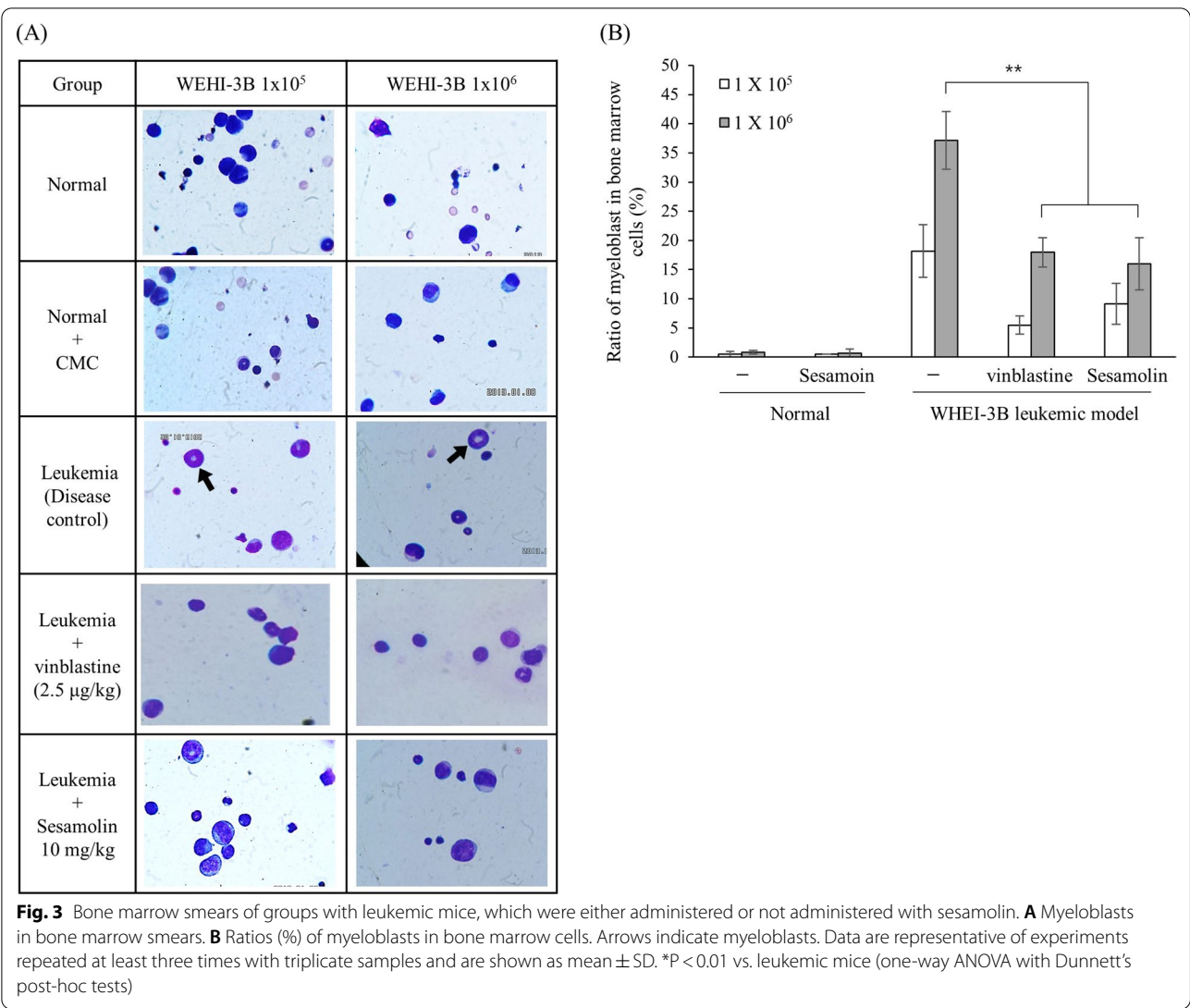
#### Surface markers of leukocytes in mice

We used flow cytometry to analyze CD3, CD11b, CD19, and Mac-3, which are surface markers of leukocytes, in blood samples from groups 1, 2, 3, and 5 (Table 2). Leukemia induction significantly decreased the expression of T (CD3) and B (CD19) cell markers, as shown in Fig. 7. However, sesamolin caused CD3 and CD19 levels to rebound in leukemic mice, and return to levels similar to those of normal mice. Leukemic induction significantly

augmented the expression of CD11b and Mac-3, which are markers of monocytes/granulocytes and macrophages, respectively. Furthermore, their respective expression levels were reduced by sesamolin. The results of the markers were similar between normal mice with or without sesamolin administration. These results indicated that sesamolin could recover the ratios of individual types of leukocytes altered by leukemia.

#### Effects of sesamolin on the cytotoxic activity of naïve NK cells

The cytotoxic activity of NK cells isolated from groups 1, 2, 3, and 5 (Table 2) was determined using lactate dehydrogenase (LDH) assays of Yac-1 and WEHI-3B cells. NK cells derived from normal mice exhibited 10% and 30% cytotoxicity against Yac-1 cells and



**Table 2** Experimental groups of mice and treatment

Group	Mice	Treatment
1	Normal BALB/c mice	None
2	Normal BALB/c mice	Sesamolol (10 mg/kg) from day 5
3	Leukemia model	None
4	Leukemia model	Sesamolol (10 mg/kg) from day 0
5	Leukemia model	Sesamolol (10 mg/kg) from day 5

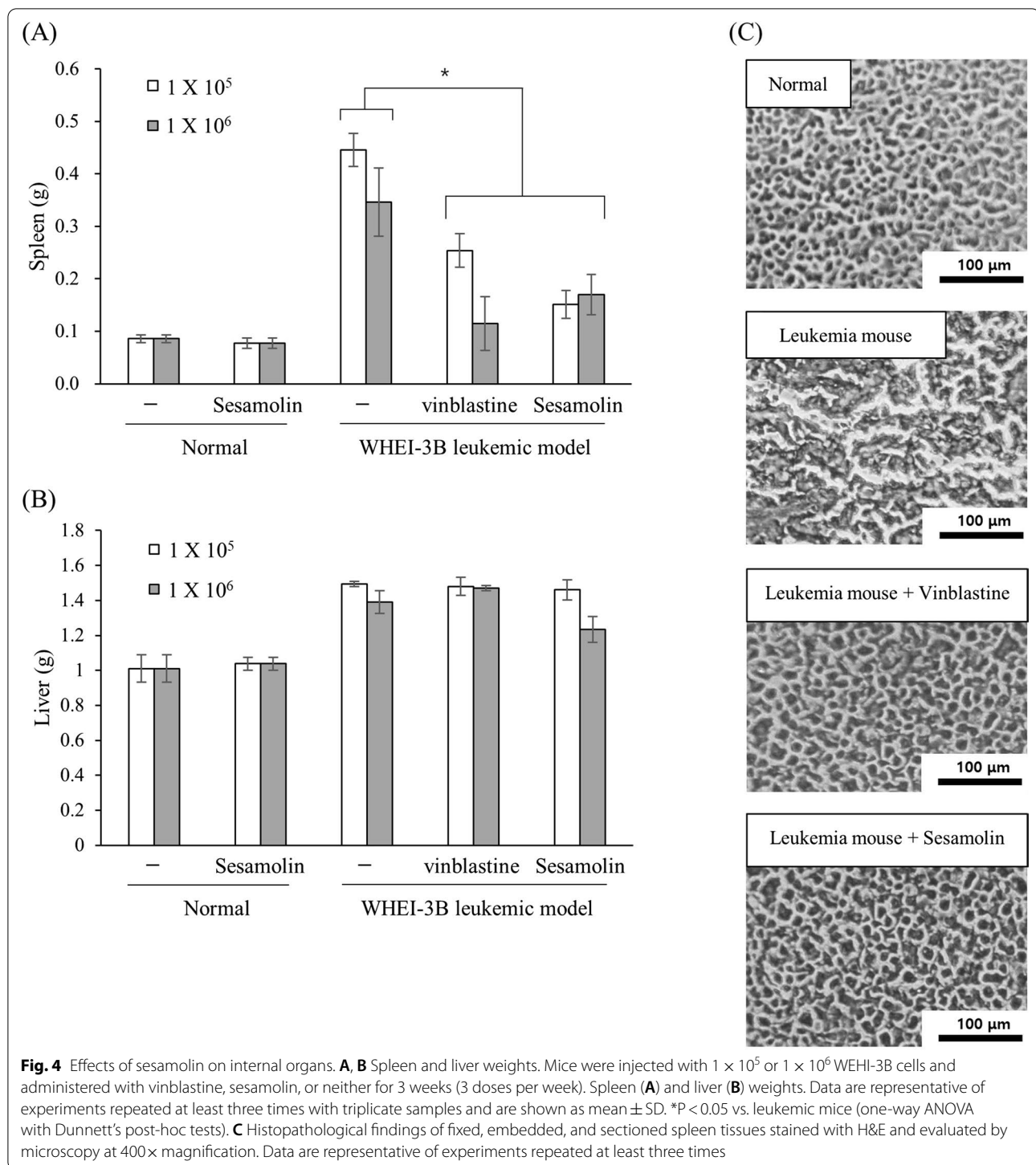
WEHI-3B cells, respectively, as shown in Fig. 8A. Sesamolol enhanced these activity levels; however, the difference did not attain significance. The activity levels of NK cells derived from leukemic and normal mice were similar to those of Yac-1 cells; however, sesamolol induced a twofold increase in the cytotoxic activity

**Table 3** Experimental flow

Day	Action
0	IP injection of $1 \times 10^6$ WEHI-3B cells Commencement of sesamolol (3 doses/week) administration in group 4
5–10	Confirmation of leukemia induction
10–30	Commencement of sesamolol (3 doses/week) administration in group 5
31	Sacrifice and autopsy

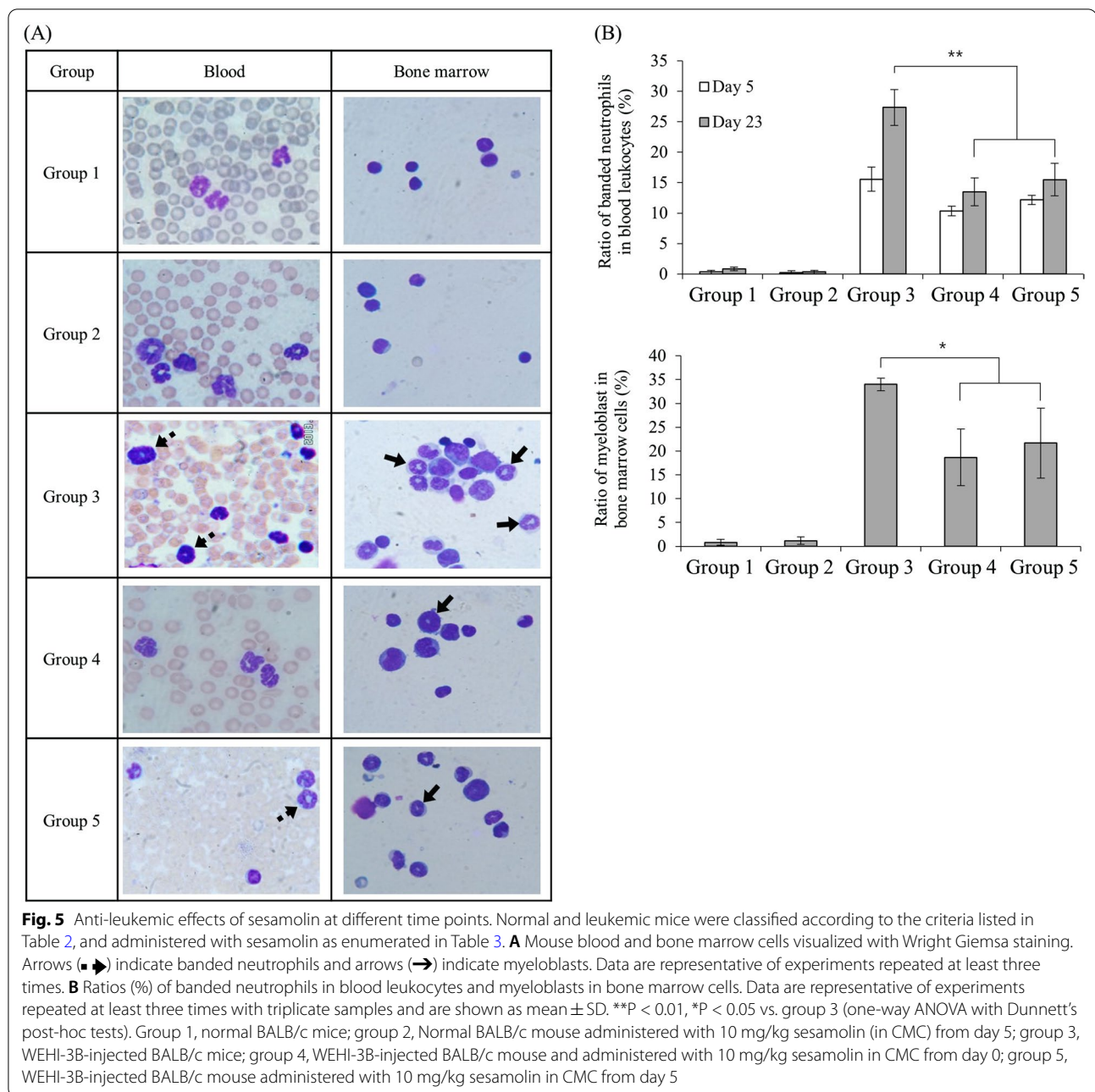
of leukemic mouse NK cells against WEHI-3B cells (Fig. 8B).

We investigated the reliability of the results shown in Fig. 8A, B. NK cells from normal mice were incubated with sesamolol (10  $\mu$ g/mL) for 48 h, following



which their cytotoxic activity levels against Yac-1 and WEHI-3B cells were measured. It is shown in Fig. 8C that NK cells were more cytotoxic against WEHI-3B cells than against Yac-1 cells. Moreover, there was nearly a threefold increase in the cytotoxic activity of

NK cells against WEHI-3B, which was induced by sesamolin. These findings showed that sesamolin exerts anti-leukemic effects via the cytotoxic actions of NK cells in vivo and in vitro.

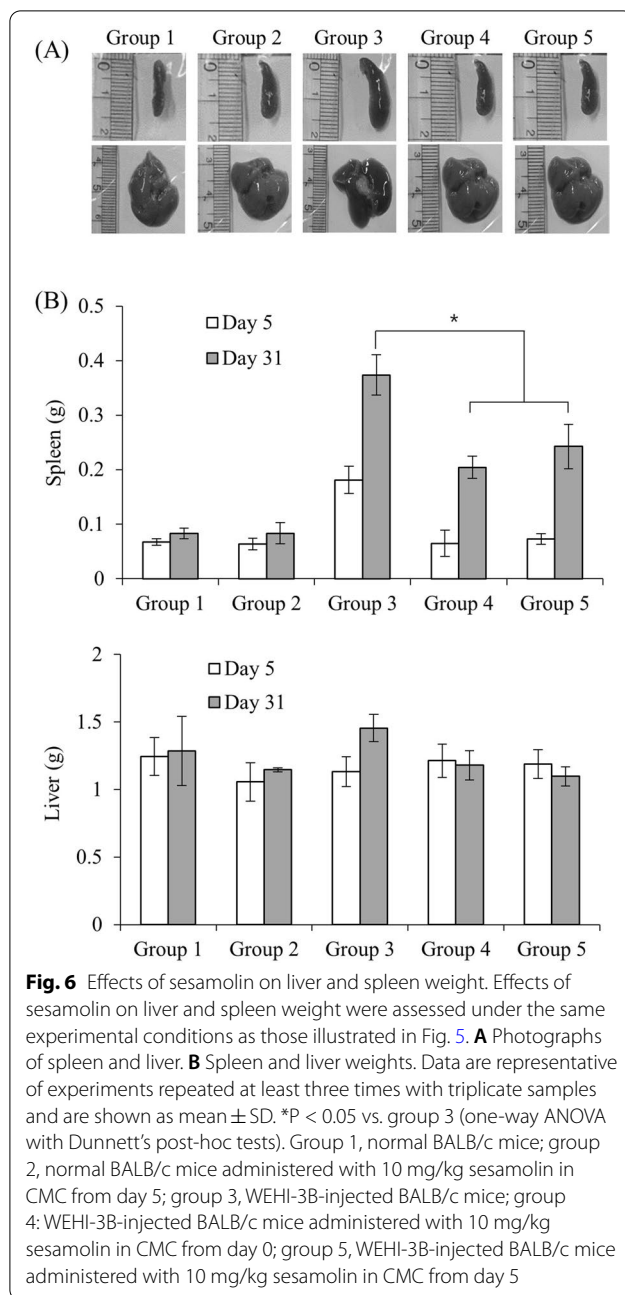


## Discussion

We previously showed that sesamolin exerts anticancer (anti-leukemia) activity in vitro [9]. Upregulated NKG2D ligand expression enhanced the sensitivity of sesamolin-treated Raji cells (leukemia cell line) to NK cell lysis via activation of the ERK signaling pathway. Moreover, sesamolin directly impacts NK cells [10]. The Raji cell-killing activities of NK cells increased depending on the sesamolin concentration. Sesamolin enhanced CD107a (degranulation marker) expression

and interferon- $\gamma$  (immune-activation cytokine) production in NK cells. Sesamolin also produced an ideal environment that facilitated NK cells to kill leukemia cells [14]. The same study showed that sesamolin activates NK cells by regulating the differentiation and activation of dendritic cells (DCs) and that it could serve as a potential anticancer therapeutic agent in vitro. Therefore, we analyzed the anticancer activity of sesamolin in mouse models of leukemia induced by WEHI-3B cells in vivo.





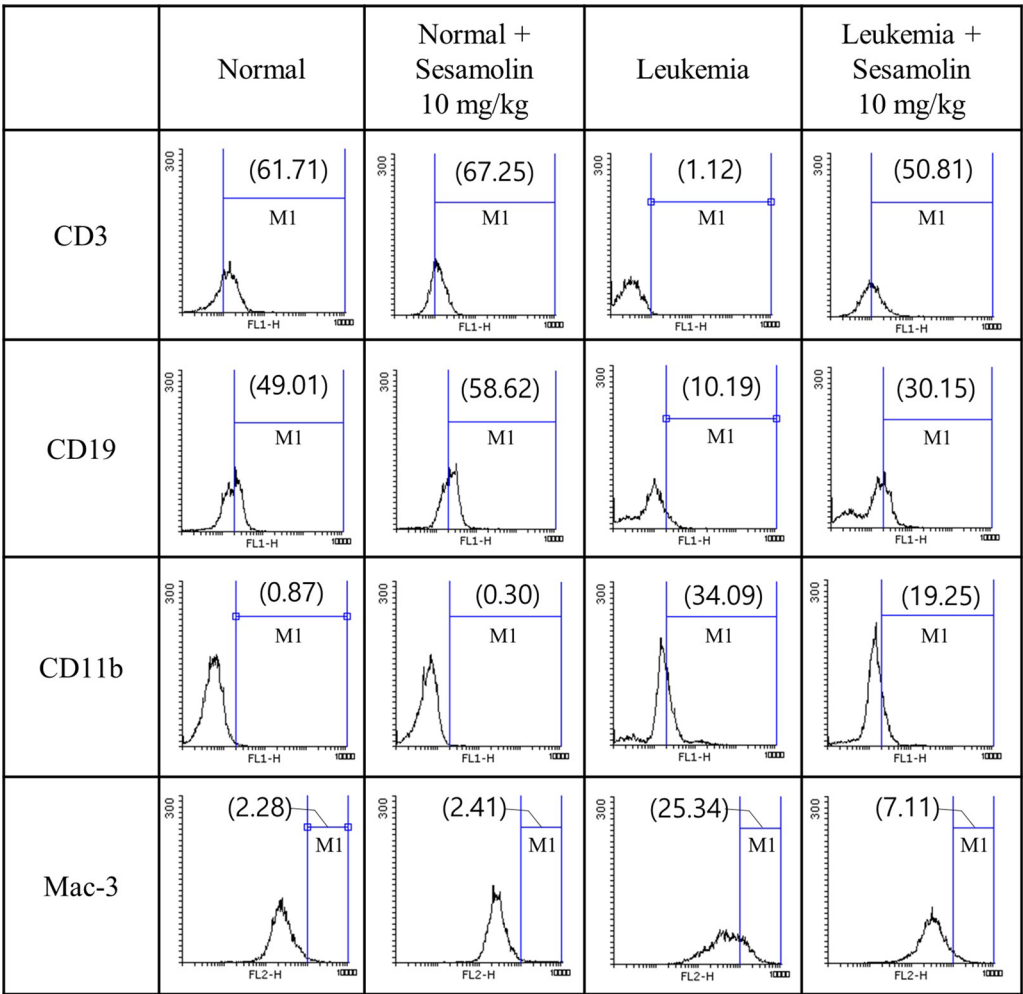
**Fig. 6** Effects of sesamol on liver and spleen weight. Effects of sesamol on liver and spleen weight were assessed under the same experimental conditions as those illustrated in Fig. 5. **A** Photographs of spleen and liver. **B** Spleen and liver weights. Data are representative of experiments repeated at least three times with triplicate samples and are shown as mean  $\pm$  SD. \*P < 0.05 vs. group 3 (one-way ANOVA with Dunnett's post-hoc tests). Group 1, normal BALB/c mice; group 2, normal BALB/c mice administered with 10 mg/kg sesamol in CMC from day 5; group 3, WEHI-3B-injected BALB/c mice; group 4, WEHI-3B-injected BALB/c mice administered with 10 mg/kg sesamol in CMC from day 0; group 5, WEHI-3B-injected BALB/c mice administered with 10 mg/kg sesamol in CMC from day 5

We developed a model that demonstrated all the distinguishing features of myeloid leukemia by injecting BALB/c mice (i.p.) with WEHI-3B monomyelocytic leukemia cells that were originally derived from BALB/c mice [15]. To diversify the experimental results, two concentrations of WEHI-3B cells ( $1 \times 10^5$  and  $1 \times 10^6$  cells/mouse) were injected in the first and second trials, respectively. The leukemic model mice exhibited the major characteristics of human myelomonocytic

leukemia, such as the elevated levels of monocytes and granulocytes with immature morphology in peripheral blood, clearly enlarged spleen, and large numbers of immature cells in the bone marrow. [15]. Therefore, the WEHI-3B leukemia model is an established tool for screening novel anti-leukemia candidates [16]. The WEHI-3B cells aggressively invaded the soft tissue and blood-forming organs, such as the spleen and liver in our model. Organs that do not form blood and hard-tissue organs such as the kidneys and heart did not exhibit altered characteristics in our model [16]. Our animal model was consistent with typical acute myeloid leukemia (AML), which is characterized by rapidly proliferating abnormal leukocytes, and showed splenomegaly along with increased numbers of immature granulocytes (banded neutrophil) and myeloblasts.

Retinoids are vitamin A metabolites that are representative natural anti-leukemia agents. Although they do not affect body weight, retinoids generate potent effects on the control of cellular differentiation and proliferation, and they often serve as positive controls for treating hemopoietic malignancies in leukemic animals [17]. Representative clinical signs of leukemia, such as splenomegaly and hepatomegaly in WEHI-3B leukemic mice, are mitigated by all-trans-retinoids [18]. Numerous anticancer compounds derived from natural products have been investigated in addition to retinoic acid.

The present study showed comparable therapeutic effects between sesamol (10 mg/kg) and the positive control, vinblastine (2.5  $\mu$ g/kg), in terms of reducing numbers of peripheral immature granulocytes and bone marrow myeloblasts, and decreasing the large and irregular spleen tissues in leukemic model mice. According to previously studies, sesamol and vinblastine exhibited anti-leukemic effects at different concentrations [19, 20]. Therefore, in this study, sesamol and vinblastine were administered at different doses based on these references. The natural lignan sesamol is a minor component (~0.14% of the sesame oil by mass) of sesame seeds [7]. Sesamin is also a representative lignan derived from sesame seeds that has been investigated comprehensively as an anticancer agent more than sesamol. Sesamin and sesamol demonstrate similar chemical structures, but exert different anticancer effects [19]. Sesamin directly suppresses the proliferation of human K562 and KBM-5 leukemic cells, and of human myeloma U266 cells [21]. These suppressive effects of sesamin were realized via the tumor necrosis factor-mediated induction of NF- $\kappa$ B expression, which is responsible for leukemic cell responses [22].

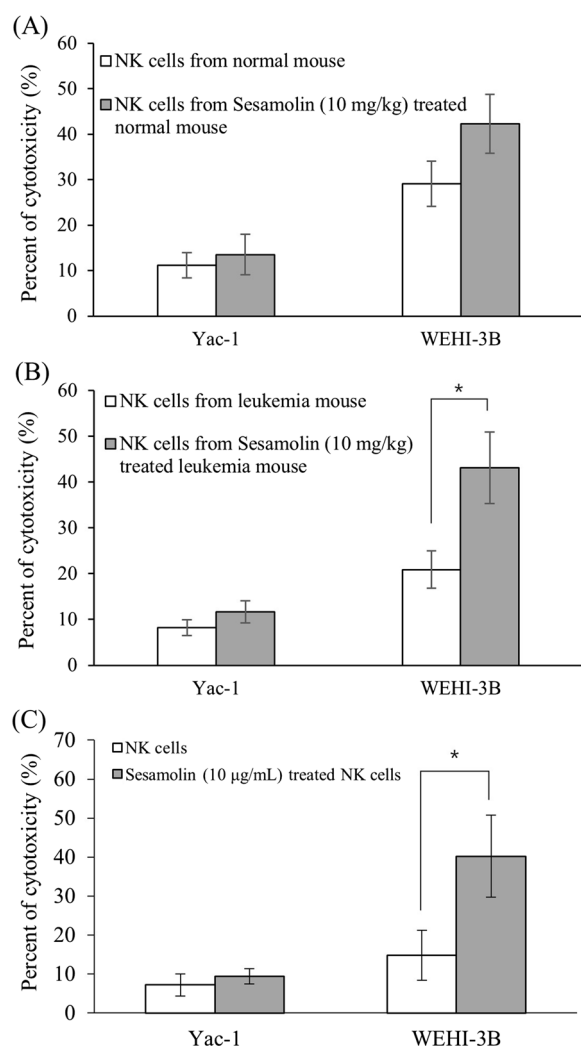


**Fig. 7** Changes in leukocyte surface antigens in mice caused by induction of leukemia. Leukocytes separated from the blood of mice in groups 1, 2, 3, and 5 (Table 2), were analyzed by FACS. Expression levels of CD3, CD19, CD11b, and Mac-3 represented proportions of M1-gated cells among all leukocytes. Data are representative of experiments repeated at least three times

Sesamol is another lignan found in sesame oil that exerts anticancer effects in human leukemia cell lines. It induces growth inhibition and the apoptosis of Molt 4B human lymphoid leukemia cells [23] in a concentration-dependent manner. Tetrameric sesamol inhibits the proliferation of K562 cells in a concentration-dependent manner but is also cytotoxic against normal cells at active concentrations, thus rendering it unsuitable as a candidate anticancer agent [24]. Another lignan derived from sesame oil is sesaminol, which also exerts anti-leukemic effects on Molt 4B cells. Sesaminol (45  $\mu$ M) inhibits Molt 4B proliferation, and induces apoptosis of cancer cells [19, 25].

In summary, our results showed that sesamol exerts anticancer effects against model mice with leukemia induced by WEHI-3B cells. The model mice exhibited

more abundant banded neutrophils, myeloblasts, and monocytic leukemic cells than those observed in normal mice. Sesamol reduced the number of leukemic cells in the model mice. The inhibitory effects of sesamol and vinblastine (a positive control drug) on the proliferation of neoplastic cells were similar. Sesamol reduced the weight of the leukemic mouse spleen to bring it within the normal range. Sesamol also recovered the ratios of leukocytes altered by leukemia. Our results indicated that sesamol possesses considerable potential as a novel anti-leukemia agent. However, we did not perform an experiment to determine the optimal concentration of sesamol. In future studies, the anti-cancer activity of sesamol will be tested at various concentrations to establish the optimal concentration for clinical application.



**Fig. 8** Effect of sesamol on the cytotoxic ability of naïve NK cells. NK cells derived from mice in groups 1, 2, 3, and 5 (Table 2) were used in LDH assays of Yac-1 and WEHI-3B cells. Cytotoxic effects of NK cells derived from **A** normal and **B** leukemic mice administered with or without sesamol for 3 weeks. **C** Effects of sesamol on naïve NK cells in vitro. NK cells derived from normal mice were incubated with sesamol (10 µg/mL) for 48 h, and then cytotoxicity against Yac-1 and WEHI-3B was determined. Data are representative of experiments repeated at least three times with triplicate samples and are shown as mean  $\pm$  SD. \* $P < 0.05$  vs. NK cells from leukemic mice (one-way ANOVA with Dunnett's post-hoc tests)

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#### Authors' contributions

SN performed the majority of data analysis. JKL contributed to the writing of the manuscript and, planned and led this research. All authors read and approved the final manuscript.

#### Declarations

##### Competing interests

The authors declare that they have no competing interests.

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