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Potential role of immunological factors in early diagnosis of cancer cachexia in C26 tumor-bearing mice

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Abstract

Cachexia is a wasting syndrome associated with high mortality in cancer patients through inducing the failure of normal metabolism and reducing the efficacy of cancer treatment. Thus, it is critically important to diagnose cancer cachexia early. To provide background data for the diagnosis of cachexia, cancer cachectic factors were characterized in the present situation, including immunological cachectic changes during cachexia progression in a cancer cachexia mouse model. Major constitution of cachexia progression is known as the stages of pre-cachexia, cachexia, and refractory cachexia. In the pre-cachexia stage, the weights of immune-related organs, including the thymus and spleen were significantly. T cell populations in spleen were markedly reduced and cachectic cytokines consistently increased in a time-dependent manner. Immunosuppression by activation of cytotoxic T-lymphocyte-associated antigen 4 was induced earlier in CD4⁺ cells versus other T cell populations. Furthermore, monocyte chemoattractant protein 1 and interleukin-6 levels in the cachexia group were significantly increased at 3 days from C26 cell inoculation whereas significant carcass weight loss as a classical diagnostic marker occurred at 9 days from C26 cell inoculation. In conclusion, the initiation of cachectic immunological changes was observed prior to weight loss, during the pre-cachexia stage. Accordingly, these findings reveal that the monitoring of humoral and immunological factors may be more sensitive than weight loss for the initial diagnosis and treatment of cachexia.

Keywords: C26 tumor-bearing mice, Cancer cachexia, CD4⁺ T cell, Cytotoxic T-lymphocyte-associated antigen-4, Immunosuppression, Monocyte chemoattractant protein-1

Introduction

Cancer patients with progressive cachexia suffer severe morbidity and a high mortality rate (~20%) [1]. Cachexia directly affects the survival rate by inducing the failure of normal metabolism, leading to conditions such as hypogonadism, insulin resistance, and inflammation [2]. Cancer cachexia is difficult to treat and may eventually lead to death.

A typical symptom of cachexia is weight loss due to the wasting of skeletal muscle and adipose tissue; initial cachexia diagnosis guideline focused on sarcopenia and

weight loss as cachectic diagnostic markers [3, 4]. Using the criteria of these typical symptoms, classical cachexia progression is divided into pre-cachexia, cachexia and refractory cachexia [5]. As the interest regarding cachexia diagnosis is increasing, an additional cachexia score has been suggested as a multiplicative diagnostic index that considers body weight loss, composition, physical performance, anorexia, quality of life, immunosuppression, inflammation, and metabolic disturbance [6]. Furthermore, the levels of tumor necrosis factor (TNF)- α , and interleukin (IL)-6, pro-inflammatory cytokines, are significantly elevated in conditions of progressed cachexia [7, 8]. However, lack of the characteristics depending on the state of cachexia research represents a major obstacle to overcoming cachexia.

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A number of studies have reported that cancer therapy by drug treatment and surgery is not typically successful against cancer accompanied by cachexia; cancer cachexia also promotes a poor prognosis through its immunosuppressive effects [9, 10]. Immunosuppression could occur when immune cells are reduced and/or affected by inhibitory signals such as immune checkpoints molecules including T-lymphocyte-associated antigen 4 (CTLA-4) and programmed cell death protein 1 (PD-1) [11]. Immunotherapy against cancer has focused on overcoming the immunosuppression of immune cells by improving immunological activity and inhibiting these immune checkpoints [12, 13].

Early diagnostic factors for cachexia are required for the success of anticancer therapy in cancer patients with cachexia, to allow treatment before immunological collapse. However, the factors that may be suitable for the early diagnosis of cancer cachexia have yet to be fully understood. In the present study, C26 tumor-bearing mice, a well-characterized and typically used animal model for cancer cachexia, were used for this purpose. On cancer cachexia mouse model, physiological and immunological characterization was conducted during cachexia progression.

Materials and methods

Cell culture

The C26 colon cancer cell lines were purchased from CLS Cell Line Service GmbH (cryovial no., 400156, Eppelheim, Germany). The C26 cells were cultured in RPMI-1640 medium (Welgene, Seoul, Korea) containing 10% fetal bovine serum (FBS), 100 U/ml penicillin, and 100 µg/ml streptomycin. Cells were cultured in a humidified incubator with an atmosphere of 5% CO₂ at 37 °C.

Animal experiments

All animal study protocols were approved by the Institutional Animal Care and Use Committee of the Korean Institute of Radiological and Medical Sciences (Seoul, Korea; approval no., KIRAMS 2017-0073). Male 6-week-old Balb/c mice were purchased from Orient Bio, Inc. (Seognam, Korea) and maintained in a laminar airflow cabinet with specific pathogen-free conditions. The C26 model was established by subcutaneous injection of 2×10^5 C26 cells into the right hind leg. Two different animal experiments were conducted: Firstly, a cachexia group (n=10) and a normal group (n=5) were monitored at 23 days for refractory cachexia experiment. Secondly, mice were randomly divided into 5 groups (n=5 for cachexia induced model and n=3 for normal without cachexia) and sacrificed at 3, 7, 14, and 21 days after inoculation for time-dependent experiments. According to the classical cachexia diagnosis that 5% body weight

loss is lead by cachexia progression [4], we terminated experiment at 21 days after C26 cell inoculation when body weight of mice decreased by 5%.

Total body weight and tumor volume were measured three times per week. The tumor volume (V) was calculated using the standard formula: $V \text{ (mm}^3\text{)} = \pi/6 \times \text{(smaller diameter)}^2 \times \text{(larger diameter)}$. Carcass weight was calculated as the total body weight minus the tumor weight. Tumor weight was measured or calculated using the correlation factor between the actual tumor weight and its volume using the same methods in reference study [14]. At the end of each experiment, blood and spleen samples were obtained and the weights of the spleen, thymus, and liver were measured. All organ weights were expressed relative to the total body weight. The results were converted to fold-change compared with the value of normal control mice without cachexia.

Isolation of single immune cells

Spleen tissues samples were homogenized in PBS containing 1 mg/ml collagenase. The enzymatic reaction was terminated by adding 5 mM EDTA. The homogenized tissue samples were minced on a 70-µm mesh grid cell strainer (SPL Life Sciences Co., Ltd., Pocheon, Korea). Red blood cells (RBCs) were removed using RBC lysis buffer (eBioscience, San Diego, CA, USA). The extracted single cells were washed with PBS containing 2% FBS, then stained with fluorescence-labeled antibodies for flow cytometry analysis as described in the subsequent section.

Flow cytometric analysis

Purified Rat Anti-Mouse CD16/CD32 (cat. no., 553142) was used to prevent non-specific binding on Fc-receptors prior to antibody staining for 15 min on ice for flow cytometry analysis. To identify the immune cell population, the following antibodies were used according to the manufacturer's protocols: BB515-conjugated rat anti-mouse I-A/I-E (cat. no., 564422) and allophycocyanin (APC)-cyanine (Cy)7-conjugated hamster anti-mouse CD11c (cat. no., 117324; BioLegend, San Diego, CA, USA) for dendritic cells (DCs); phycoerythrin (PE)-Cy7-conjugated hamster anti-mouse CD3e (cat. no., 552774), BB515-conjugated rat anti-mouse CD8a (cat. no., 564422), and APC-conjugated rat anti-mouse CD4 (cat. no., 553051) for T-cells; PE-cy7-conjugated hamster anti-mouse CD3e (cat. no., 552774) and PE-conjugated mouse anti-mouse NK 1.1 (cat. no., 552878) for natural killer (NK) cells; PE-conjugated hamster anti-mouse CD152 (CTLA-4; cat. no., 553720) and peridinin-chlorophyll-protein (PerCP)/Cy5.5-conjugated anti-mouse CD279 (PD-1; cat. no., 135208; BioLegend, San Diego, CA, USA) for cell surface activation markers.

Not annotated antibodies by manufactures were all from BD Biosciences, San Diego, CA, USA. Stained samples were evaluated on a FACSCalibur flow cytometer or FACSAccuri C6 flow cytometer (BD Biosciences) and data were analyzed using FlowJo software (version.10, FlowJo, LLC, Ashland, OR, USA). The gating strategy to identify immune cells population and immune checkpoints was as follows: (1) Splenocytes were gated in total T cell as CD3⁺ T cells, then divided into CD4 and CD8⁺ T cells respectively, (2) the CD4⁺/CD8⁺ population was further analyzed for the detection of CTLA-4 and PD-1, checkpoint surface markers, (3) NK cells were CD3⁻ and NK 1.1⁺, while DC cells were I-A/I-E⁺ and CD11c⁺ population.

Cytokine analysis in blood serum

Blood samples were centrifuged at 1500×g for 20 min to collect serum. Mouse serum cytokines were detected by ELISA using mouse Quantikine ELISA kits for IL-6 (cat. no., M6000B), TNF-α (cat. no., MHSTA50) and monocyte chemoattractant protein-1 (MCP-1; cat. no., MJE00; all from R&D Systems, Minneapolis, MN, USA) according to the manufacturer’s protocol.

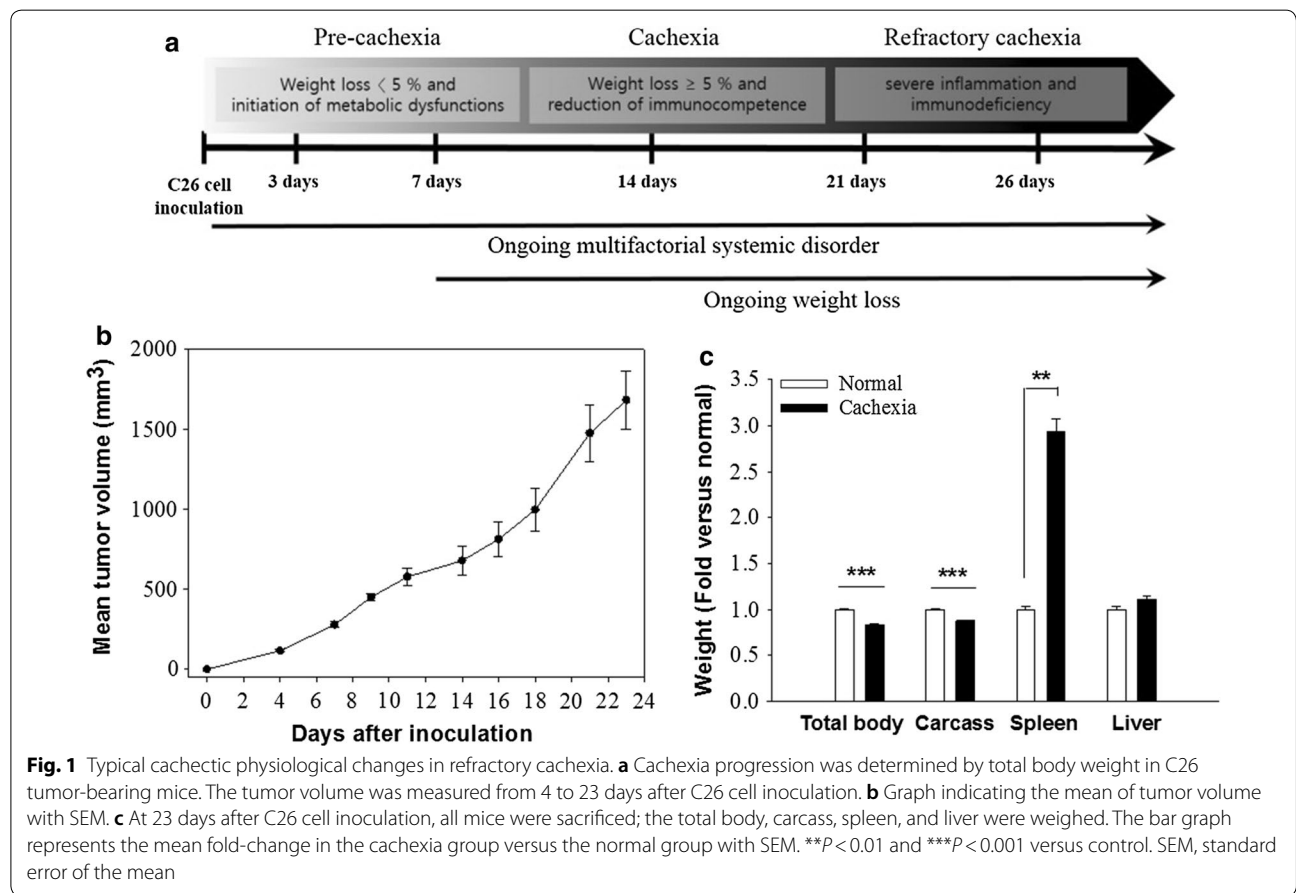
Statistical analysis

All results are expressed as the mean ± standard error of the mean. Statistical analysis was performed using an independent *t* test or one-way analysis of variance followed by Tukey’s significant difference test with SPSS software version 23.0 (IBM Corp., Armonk, NY, USA). *P*<0.05 was considered to indicate a statistically significant difference.

Results

Cachectic characterization of refractory cachexia in cachexia mouse model

Starting from 4 days after C26 cell inoculation, the tumor volume was measured 3 times per week. Cachexia progression in this study represented to scheme accompanying by international consensus reported by Fearon et al. [4] (Fig. 1a). As displayed in Fig. 1b, tumor volume steadily increased in a time-dependent manner. At 23 days after inoculation, the mean body weight in the cachexia group was markedly lower (0.83±0.02-fold) than that in the normal control group (*P*<0.001; Fig. 1c). In organ weight changes, spleen weight in the cachexia group increased by 2.94±0.13-fold (*P*<0.01), while the liver



weight was not significantly altered, compared with the normal group (Fig. 1c).

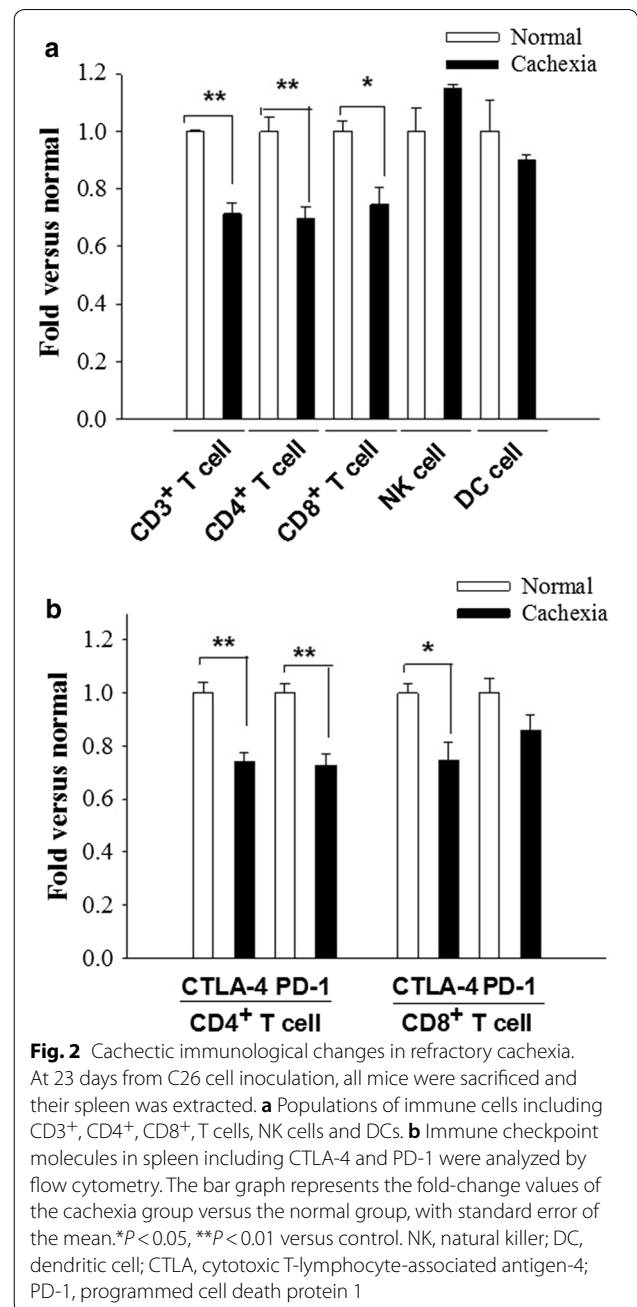
Analysis of immune cell populations and immune checkpoints of refractory cachexia in cachexia mouse model

The numbers of T cells, NK cells, and DCs in spleen were measured by flow cytometry. The populations of CD3⁺, CD4⁺, and CD8⁺ T cells in the spleens from the cachexia group were significantly lower (0.71 ± 0.04-, 0.70 ± 0.04-, and 0.75 ± 0.06-fold, respectively) than in the normal group (all *P* < 0.05), while the NK cell and DC populations were unchanged (Fig. 2a). The expression of CTLA-4, an early-reactive immune checkpoint marker, and PD-1, a late-reactive immune checkpoint marker, on CD4⁺ and CD8⁺ T cells was also examined. The expression of immune checkpoint markers on cells from the cachexia group was lower than in the normal group (Fig. 2b). These results demonstrate that T cells were depleted to a greater extent than NK and DC cells during in refractory cachexia, whereas no immunosuppression by activation of immune checkpoint markers on T cells was observed.

Changes in total body, carcass, organ weights, and cytokine changes during cachexia progression

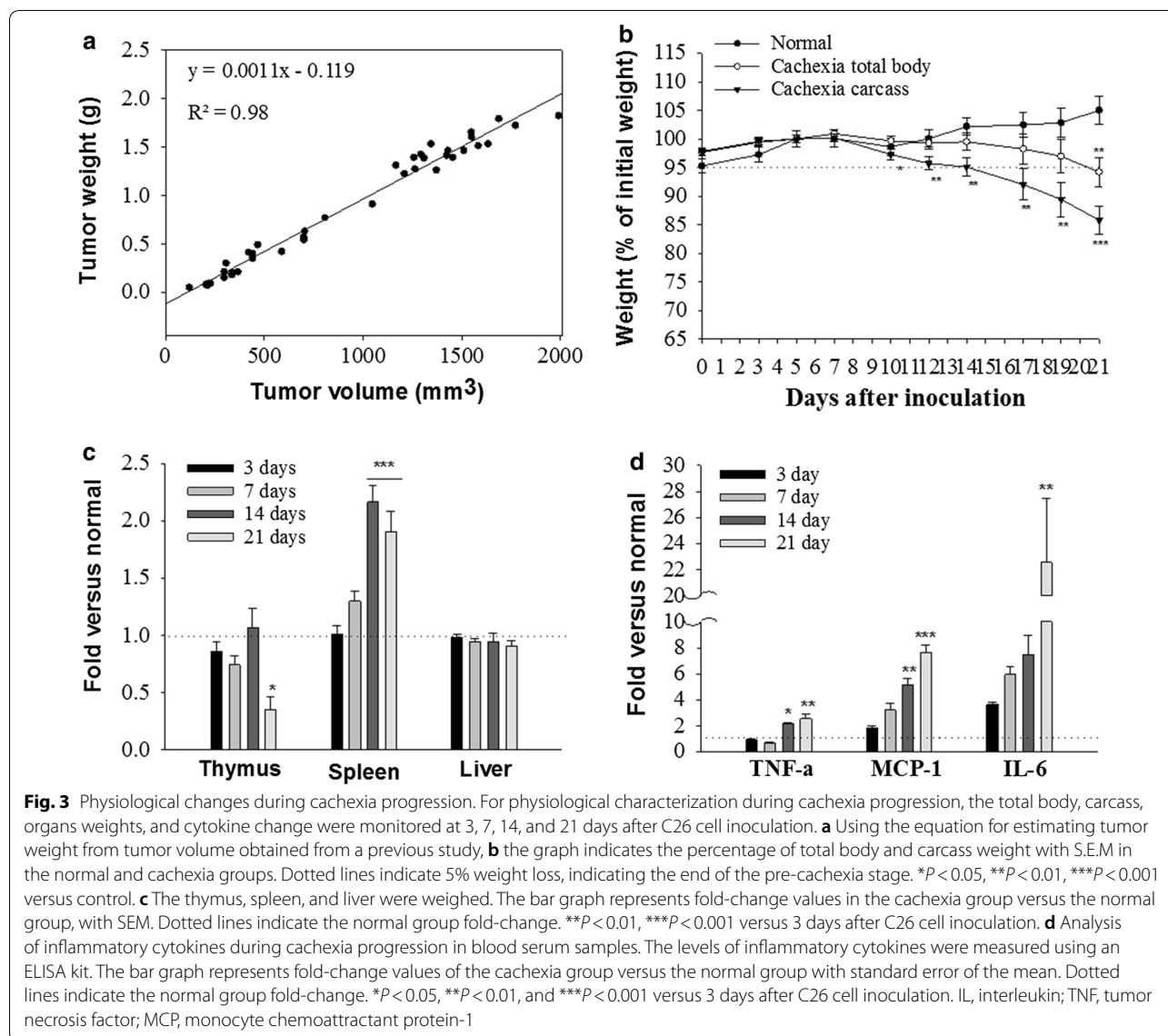
The total body, carcass, and organ weights were determined at 3, 7, 14, and 21 days from C26 cell inoculation. The expected tumor weights were calculated based on the tumor volumes (Fig. 3a). At 21 days after C26 cell inoculation, the mean total body weight of the cachexia group decreased significantly compared with the normal group (*P* < 0.01). In particular, the carcass weight of cachectic mice consistently decreased from 10 days after C26 cell inoculation compared with the normal group (*P* < 0.01; Fig. 3b). Therefore, the carcass weight, i.e. the body weight minus the tumor weight, in the cachexia group was significantly reduced from 10 to 21 days after C26 cell inoculation.

Additionally, changes in organ weights, thymus weights were significantly decreased at 21 (*P* < 0.05) compared with 3 days from C26 cell inoculation. In particular, the thymus weight was significantly reduced (0.35 ± 0.12-fold) at 21 days from C26 cell inoculation compared with the normal group (Fig. 3c). In contrast, spleen weight was markedly increased at 14 and 21 days compared with 3 days from C26 cell inoculation (*P* < 0.01; Fig. 3c). At 14 days after C26 cell inoculation, the spleen weight reached a maximum, and then slightly decreased thereafter. The spleen weight increased in pre-cachexia, but decreased in refractory cachexia. These are that one of the classical cachexia symptoms is unexpected wasting symptom like losing body composition. Thus, the decrease of spleen weight seemed to be resulted from



cachectic wasting of body composition. The liver weight was not significantly different compared with the normal group.

The levels of inflammatory cytokines including IL-6, TNF-α, and MCP-1, were determined in the blood serum at 3, 7, 14, and 21 days from C26 cell inoculation. Of the cytokines assessed, the respective levels of MCP-1 and IL-6 in the cachexia group were increased by 1.84 ± 0.16- and 3.63 ± 0.25-fold at 3 days from C26 cell inoculation compared with the normal group. TNF-α and MCP-1



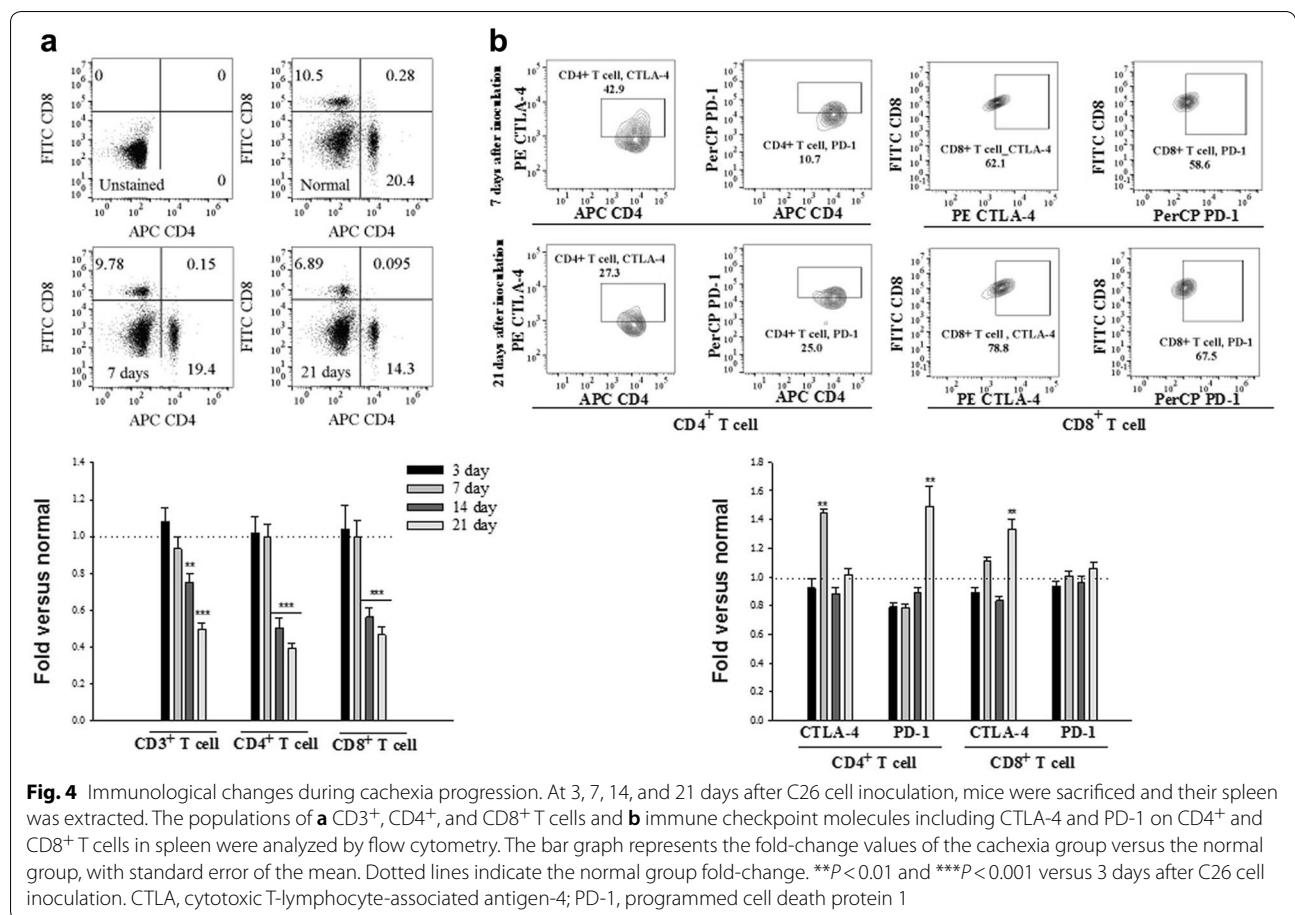
levels were significantly increased at 14 and 21 days compared with 3 days after C26 cell inoculation ($P < 0.05$). In particular, the level of IL-6 was 22.5 ± 6.34 -fold higher at 21 days after C26 cell inoculation than the normal group, representing a significant increase relative to 3 days after C26 cell inoculation ($P < 0.01$; Fig. 3d).

Analysis of immune cell populations and immune checkpoints during cancer cachexia progression

Changes in the immune cell population of spleen during cancer cachexia progression were analyzed by flow cytometry. Starting from 14 days after C26 cell inoculation, the populations of CD3⁺, helper CD4⁺, and cytotoxic CD8⁺ T cells were significantly reduced compared

with 3 days after C26 cell inoculation ($P < 0.01$; Fig. 4a). The critical time at which changes in the immune response in cancer cachexia model occurred was 14 days from C26 cell inoculation.

Next, the changes in immune checkpoints over time were investigated. In CD4⁺ T cells, CTLA-4 expression in the cachexia group was increased by 1.45 ± 0.02 -fold at 7 days from C26 cell inoculation compared with at 3 days ($P < 0.01$). The PD-1 expression on CD4⁺ T cells was significantly increased at 21 days compared with 3 days after C26 cell inoculation ($P < 0.01$). For CD8⁺ T cells, CTLA-4 expression was markedly increased at 21 days compared with at 3 days after C26 cell inoculation ($P < 0.01$), but no change in PD-1 expression was observed compared with the normal or cachexia



progression groups (Fig. 4b). Thus, changes in CTLA-4 and PD-1 expression during cachexia progression occurred more rapidly in CD4⁺ cells than in CD8⁺ cells.

Discussion

The incidence of cachexia is highest in patients with incurable gastrointestinal cancer. Teunissen et al. [15] reported that the prevalence of cachectic weight loss in patients with cancer increases from 46 to 86% in the last 1–2 weeks of a patient’s life. Because of the progressive weight loss, cachectic symptoms reduce a patient’s tolerance to cancer treatment [16]. In order to understand cachexia metabolism, recent studies have focused on the mechanism of wasting of skeletal muscle and fat tissue, and immunological metabolism [17, 18]. However, trials to block or relieve cachectic wasting are rarely successful, and the understanding of cachexia metabolism remains incomplete. From difficulties in assessment with well-known but, irregular cachectic dysfunction on cachexia, we hypothesize that there is a critical failure in the host metabolism prior to the wasting phenomenon. Thus, in the present study, time-dependent cachectic dysfunction

was examined through monitoring physiological and immunological changes during cachexia progression.

Based on these confirmatory results in the refractory cachexia stage, the time-dependent dysfunction of the host metabolism and immune system associated with cachexia progression was examined. With regards to physiological characterization during cachexia progression, the total body, carcass, and organs weights were monitored over time. Notably, the initiation of changes in the spleen, a major immune organ, was observed in the pre-cachexia stage. The results further indicated that cachectic splenomegaly and thymus atrophy were induced in a time-dependent manner (Fig. 3c). Splenomegaly commonly occurs in tumor cell transplantable models, including in C26 colon cancer model mice [19–21]. In normal conditions, the spleen is the site of myeloid cell differentiation including macrophages, DCs, and immune cells with innate and adaptive immune defense functions [19]. However, in oncogenesis, myeloid cells are affected by humoral factors and cell-to-cell interactions in the tumor-environment, and may be differentiated into myeloid-derived suppressor cells in tumor-bearing animals. Numerous studies have

Table 1 Summary of immunological and physiological characterization during cachexia progression though our findings

Characteristics	Pre-cachexia		Cachexia	Refractory cachexia
	Days after C26 cell inoculation		14 days	21 days
	3 days	7 days		
Immunological related				
T cell populations				
Total T cell (CD3 positive)	N.C.	N.C.	⇓	⇓⇓⇓
Helper T cell (CD4 positive)	N.C.	N.C.	⇓⇓⇓	⇓⇓⇓
Cytotoxic T cell (CD8 positive)	N.C.	N.C.	⇓⇓⇓	⇓⇓⇓
Immune checkpoints				
CTLA-4				
on CD4 ⁺ T cell	N.C.	↑↑	N.C.	N.C.
on CD8 ⁺ T cell	N.C.	N.C.	N.C.	↑↑
PD-1				
on CD4 ⁺ T cell	N.C.	N.C.	N.C.	↑↑
on CD8 ⁺ T cell	N.C.	N.C.	N.C.	N.C.
Cytokines				
TNF-α	N.C.	N.C.	↑	↑↑
MCP-1	↑	↑	↑↑	↑↑↑
IL-6	↑	↑	↑	↑↑↑
Physiological related				
Carcass weight	N.C.	N.C.	⇓	⇓⇓⇓
Organs				
Thymus	N.C.	N.C.	N.C.	↓
Spleen	N.C.	↑	↑↑↑	↑↑↑
Liver	N.C.	N.C.	N.C.	N.C.

N.C.: no change, arrow with dotted line: high tendency compared with normal group, arrow with solid line: significance compared with 3 days after C26 cell inoculation, 1 of arrow with solid line: $P < 0.05$, 2 of arrow with solid line: $P < 0.01$, 3 of: arrow with solid line: $P < 0.001$

reported that myeloid-derived suppressor cells, which express immunosuppressive enzymes, accumulate in the spleen and tumor [22]. As a result of immune reactions in oncogenesis, spleen volume and weight may increase due to massive granulocytic infiltration of red pulp [23]. Accordingly, splenomegaly in a cachexia animal model may represent an immunosuppressive reaction, but this requires further analysis.

In addition, thymus atrophy was markedly induced at 21 days after C26 cell inoculation in the cachexia group (Fig. 3c). The thymus is responsible for producing T cell progenitors, crucial immunocompetent cells. Numerous clinical studies have reported on the relationships between the thymus, T cells and immunodeficiency. Patients suffering from immunodeficiency symptoms due to DiGeorge or Down's syndrome have little or no thymus and show decreased naïve T cell levels [24, 25]. According that, thymus atrophy and T cell number reduction are associated with the immunodeficiency symptom of cachexia, the same phenomenon of thymus atrophy followed by T cell reduction results was experimentally confirmed in the present study.

To analyze the immunological characterization during cachexia progression, we assessed the T cell populations and immune checkpoint molecule levels over time in the spleen. Starting 14 days from C26 cell inoculation, CD3⁺, CD4⁺, and CD8⁺ T cell populations in the cachexia group were significantly reduced compared with the normal group (Fig. 4a). These results demonstrate that changes in the spleen, thymus and T cell populations occurred in pre-cachexia stage, becoming more severe in a time-dependent manner. Furthermore, depending on the T cell type during cachexia progression, the expression of CTLA-4, an early-reactive immune checkpoint marker, was increased on CD4⁺ T cells at 7 days and CD8⁺ T cells at 21 days. Additionally, the expression of PD-1, a late-reactive immune checkpoint marker, was only increased on CD4⁺ T cells at 21 days after C26 cell inoculation, but not on CD8⁺ T cells. The analysis of immune checkpoint molecules revealed that immunosuppression by activation of CTLA-4 in the cachexia group was induced earlier on CD4⁺ than on CD8⁺ T cells. Wang et al. [26] reported that CD4⁺ sub-populations delayed the onset of wasting symptoms in diabetes and reduced muscle atrophy

in cachexia; the CD4⁺ T cell population appeared to be closely associated with cachectic dysfunction, similar to the conclusion of the present study. Therefore, to further confirm the immunological characterization of cachexia progression, early-reactive CD4⁺ T cells and their surface markers in the spleen to allow the early initial diagnosis of cachexia require further study.

In the cytokine analysis results, consistent with previous studies [5, 17, 27, 28], the classical cachectic cytokines TNF- α and IL-6 were also increased in cachectic condition. Notably, in the pre-cachexia stage, the MCP-1 and IL-6 levels in the cachexia group were highly increased at 3 days after C26 cell inoculation compared with the normal group (Fig. 3d). Talbert et al. [29] reported that clinically, the MCP-1 level is more associated with the earlier stages of cachexia than the classical cachectic cytokines. In accord with that study, the results of the present study also suggest that MCP-1 may be useful in the early diagnosis of cachexia. The physiological and immunological characterizations of cachexia progression were summarized (Table 1). Changes in immunological factors including reduced and altered T cell populations, activated immune checkpoints and elevated cachectic cytokine levels, manifested in the pre-cachexia stage when <5% loss of total body weight had occurred. Changes in MCP-1 level and immune checkpoint expression on CD4⁺ T cells from the spleen were reported for the first time. Taken together, our results suggest that CD4⁺ T cells and MCP-1 may be useful for initial diagnosis of cachexia more accurately than total body or carcass weight changes. Moreover, these results will contribute to providing a scientific rationale for the early diagnosis of cachexia and cachexia treatment.

Authors' contributions

YKJ and JEJ conceived and designed the experiments. JEJ, JYL, and MSL performed the experiments. JEJ, YKJ, and M-SK analyzed the data. YKJ, JHK, EHK, and NC contributed reagents/materials/analysis tools. JEJ and YKJ wrote the manuscript.

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Competing interest

The authors declare that they have no competing interests.

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