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# Metabolomic analysis reveals the interaction of primary and secondary metabolism in white, pale green, and green pak choi (*Brassica rapa* subsp. *chinensis*)

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## Abstract

This study aimed to comprehensively analyze primary and secondary metabolites of three different-colored (white, pale green, and green) pak choi cultivars (*Brassica rapa* subsp. *chinensis*) using gas chromatography attached with time-of-flight mass spectrometry (GC-TOFMS) and high-performance liquid chromatography (HPLC). In total, 53 primary metabolites were identified and subjected to partial least-squares discriminant analysis. The result revealed a significant difference in the primary and secondary metabolites between the three pak choi cultivars. In addition, 49 hydrophilic metabolites were detected in different cultivars. Total phenolic and glucosinolate contents were highest in the pale green and green cultivars, respectively, whereas total carotenoid and chlorophyll contents were highest in the white cultivar. Superoxide dismutase activity, 2,2-diphenyl-1-picrylhydraz scavenging, and reducing power were slightly increased in the white, pale green, and green cultivars, respectively. In addition, a negative correlation between pigments and phenylpropanoids was discovered by metabolite correlation analysis. This approach will provide useful information for the development of strategies to enhance the biosynthesis of phenolics, glucosinolates, carotenoids, and chlorophyll, and to improve antioxidant activity in pak choi cultivars. In addition, this study supports the use of HPLC and GC-TOFMS-based metabolite profiling to explore differences in pak choi cultivars.

**Keywords:** *Brassica rapa* subsp. *chinensis*, Pak choi, Primary metabolite, Secondary metabolite, Carotenoid, Glucosinolate, Phenolics

## Introduction

Plants can produce numerous types of metabolites, which play important roles in cell maintenance, development, and reproduction. Primary and secondary metabolites are produced in response to external factors and

endogenous signals. Among those secondary metabolites, the phenylpropanoid pathway is one of the most commonly studied [1]. The products of this pathway (flavonoids, lignans, and phenylpropanoids) have anti-allergenic, anti-bacterial, anti-inflammatory, antioxidant, and anti-viral activities, which are beneficial to human health [2–4]. In addition, these compounds have anti-cancer and anti-diabetic activities, and also help to prevent cardiovascular disease [5, 6].

Carotenoids are mainly C<sub>40</sub> terpenoids and are an important group of secondary metabolites derived from the isoprenoid pathway. More than 600 naturally occurring pigments have been identified; yellow xanthophylls, orange carotene, and various other red pigments are

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synthesized and stored in the plastids of plants and play a vital role in several physiological processes. For example, carotenoids have important roles in chloroplast biogenesis by preventing photoinhibition during photosynthesis. In addition, they provide coloration to the fruit and flowers, which helps to attract pollinators and disperse seeds. Carotenoids provide a wide range of benefits to plants, algae, and humans [7–10]. Chlorophyll and its derivatives have been used as a traditional medicine in the past decade, and have various therapeutic properties, such as wound healing, and anti-inflammatory, and internal deodorant effects. Recent studies on chlorophyll have focused on its activities as an anti-carcinogen, anti-mutagen, and photosensitizer in photodynamic therapy [11].

Glucosinolates are a large group of secondary metabolites synthesized by plants, which contain nitrogen- and sulfur-containing groups and are mainly found in species of the Brassicaceae family [12]. Glucosinolates are relatively stable before being hydrolyzed into different types of biologically active products, which are catalyzed by myrosinases [13]. Glucosinolates and their breakdown products have various biological functions and provide benefits to human health and nutrition, including protection from cancer and cardiovascular diseases, as well as a plant defense against pathogens and herbivores [12, 14]. Therefore, glucosinolates have been examined for their role in human diet and animal feed consumption, as well as in plant defense systems.

During plant cellular metabolic processes as a normal product, the reactive oxygen species (ROS) are produced [15]. An increased level of ROS leads to various diseases such as allergies, cancer, respiratory, digestive, and neurodegenerative diseases [16]. Several studies have been reported that plants are considered to have natural antioxidant properties due to the presence of various secondary metabolites [15]. Hence, the intake of plant-derived antioxidants will reduce the damage caused by oxidative stress and protect humans from various diseases [17].

Recently, studies have been performed using model plants such as *Arabidopsis thaliana*, *Solanum lycopersicum*, and *Nicotiana tabacum*, whereas only a few studies have focused on leafy vegetables, which form part of the human diet [18–21]. Here, we investigated the profile of primary and secondary metabolites in white, pale green, and green pak choi. Pak choi (*Brassica rapa* subsp. *chinensis*) is a green leafy vegetable, also called Chinese cabbage. It is an important leafy vegetable cultivated widely in southern China, Southeast Asia, Northern Europe, and North America [22]. Pak choi contains numerous compounds with health benefits, such as plant secondary metabolites (carotenoids and chlorophylls), phenolic compounds (flavonoids, glucosinolates, kaempferol, isorhamnetin, quercetin, and hydroxycinnamic acid

derivatives), vitamins, and minerals [23–26]. For these reasons, pak choi consumption is increasing in daily life. Zhang et al. [22] analyzed the anthocyanin content in purple pak choi (*Brassica rapa* var. *chinensis*), and Jeon et al. [27] compared the metabolic profile of green and purple pak choi cultivars (*B. rapa* subsp. *chinensis*) by gas chromatography attached with time-of-flight mass spectrometry (GC-TOFMS) and high-performance liquid chromatography (HPLC) analysis. However, although is an economically important crop, its metabolic profile and antioxidant activity remain unclear. In addition, analysis of the relationship between metabolites was rare.

In the present study, we evaluated the content and composition of phenylpropanoids, carotenoid, chlorophyll, and glucosinolates in white, pale green, and green pak choi cultivars using a GC-TOF-MS and HPLC system. The antioxidant activity of pak choi cultivars was also evaluated. In addition, we analyzed the metabolic profiles data using multivariate analysis tools. Understanding the comprehensive metabolic profile data and the relationship among metabolites might be helpful to improve the nutritional content and quality of pak choi cultivars.

## Materials and methods

### Plant growth

Seeds of pak choi (*Brassica rapa* subsp. *chinensis*) were purchased from Asia Seed Co., Ltd (Seoul, Korea). Three types of pak choi (white, green, and pale green) were grown at an experimental farm in Chungnam National University, Daejeon, Korea. Three biological replicates were grown for each cultivar. The pak choi plants were harvested after 85 days. All harvested samples were frozen immediately in liquid nitrogen, subsequently stored at  $-80^{\circ}\text{C}$ , and lyophilized for metabolic profiling and antioxidant analysis. All compound analyses were performed in biological triplicates.

### GC-TOFMS analysis

Hydrophilic metabolites were extracted based on the procedure described by Park et al. [28], with slight modification. Ten-milligrams of fine powder of the three pak choi cultivars were weighed and mixed with 1 mL of water:methanol:chloroform (1:2.5:1, v/v), and then 60  $\mu\text{L}$  of 0.2 g/L adonitol (internal standard, IS) was added. The extraction was performed in a compact thermomixer at a mixing frequency of 1200 rpm at  $37^{\circ}\text{C}$  for 30 min. Then, the mixture was centrifuged at 10,000 rpm for 5 min, the supernatant (800  $\mu\text{L}$ ) containing the polar phase was transferred into a clean 2.0 mL microcentrifuge tube, and 400  $\mu\text{L}$  of sterile deionized water was added. The mixture was centrifuged at 10,000 rpm for 5 min and the methanol:water phase containing polar metabolites

was separated in a centrifugal concentrator (VS-802F, Vision, Daejeon, Korea) for 3 h, and the rest of the material was lyophilized using a freeze dryer (MCFD8512, ilShin Bio-Base Co., Ltd, Dongducheon-si, Korea) for 16 h. After lyophilization, the residues were subjected to a two-step process; methoxime derivatization and trimethylsilyl etherification. Methoxyamine hydrochloride in pyridine (80  $\mu$ L, 20 g/L) was added to the vial and shaken at 1200 rpm for 90 min at 30 °C. Then, the sample was mixed with 80  $\mu$ L of *N*-methyl-*N*-(trimethylsilyl) trifluoroacetamide, and shaken at 1200 rpm for 30 min at 37 °C. The primary metabolites were separated by gas chromatography; the operating condition, system, flow rate, and gradient program were similar to those described by Park et al. [28]. The metabolites were identified using an in house library. Relative quantification was calculated from peak area ratios relative to the peak area of IS.

#### Extraction of phenolic compound and HPLC analysis

Phenylpropanoid compounds were extracted and analyzed following the protocol described by Park et al. [9]. A total of 100 mg of each fine powder sample was mixed with 3 mL of 80% aqueous MeOH solution. Then, the mixture was vortexed for 1 min and sonicated at 37 °C for 1 h. The mixture was centrifuged at 10,000 rpm for 15 min at 4 °C. The supernatants were collected and filter-sterilized through a 0.45  $\mu$ m PTFE syringe filter (Millipore, Bedford, MA, USA) into amber glass screw thread vials (Thermo Fisher Scientific, USA). The separation of phenylpropanoid compound was done by using a  $C_{18}$  column (250  $\times$  4.6 mm, 5  $\mu$ m) at 30 °C using an Agilent Technologies 1200 series HPLC system (Palo Alto, CA, USA) at 280 nm. The mobile phase consisted of MeOH/water/acetic acid (5:92.5:2.5,v/v/v) (solvent A) and MeOH/water/acetic acid (95:2.5:2.5,v/v/v) (solvent B) with the flow rate of 1.0 mL/min, and the volume of injection was 20 $\mu$ L. The gradient program as follows; 0% solvent B; 0–80% solvent B, 48 min; 0% solvent B, 10 min. Each phenolic were identified based on the retention time and results of spiking tests. The phenolic content of each sample was quantified with reference to a corresponding calibration curve.

#### Extraction of carotenoid and HPLC analysis

Carotenoid extraction and HPLC analysis were performed as described by Park et al. [9]. Carotenoids were extracted from 10 mg of each fine powdered samples, placed in 15 mL conical tubes, and mixed with 3 mL of 0.1%, (w/v) ascorbic acid/ethanol. The mixture was vortexed for 20 s and then incubated at 85 °C for 5 min in a water bath. For saponification, 120  $\mu$ L of 80% (w/v) potassium hydroxide was added to the mixture to remove

any potentially interfering oils. After incubation, the samples were placed immediately on ice for 5 min to terminate the reaction, and then 100  $\mu$ L of 25 ppm internal standard  $\beta$ -apo-8'-carotenal was added to the samples. Next, 1.5 mL of ice-cold distilled water and 1.5 mL of hexane were added to the above mixture, which was centrifuged at 1,200 rpm for 5 min at 4 °C. The extraction procedure was repeated twice. After centrifugation, the supernatant was collected, dried under nitrogen gas at room temperature, and 250  $\mu$ L of dichloromethane/methanol 50:50 (v/v) was added to the dried samples. These mixtures were filtered using a 0.50  $\mu$ m PTFE filter (Advantec, Tokyo, Japan) into amber glass screw thread vials (Thermo Fisher Scientific, USA). Twenty microliter of the sample was separated using Agilent 1100 series HPLC (Agilent, Massy, France) equipped with YMC carotenoid S-3  $\mu$ m column (250  $\times$  4.6 mm; YMC Co., Kyoto, Japan) and photodiode array detector. A 92:8 (v/v) methanol:water with 10 mM ammonium acetate (solvent A) and methyl tert-butylether (solvent B) were used as gradient elution solvents. The gradient used for elution was as follows: 90% solvent A/10% solvent B, 0 min; 83% solvent A/17% solvent B, 20 min; 75% solvent A/25% solvent B, 29 min; 30% solvent A/70% solvent B, 35 min; 30% solvent A/70% solvent B, 40 min; 25% solvent A/75% solvent B, 42 min; 90% solvent A/10% solvent B, 45 min; 90% solvent A/10% solvent B, 55 min. The solvent flow was 1.0 mL/min and the column temperature was set at 40 °C. The chromatogram was obtained at 450 nm. Each carotenoid was identified based on retention time and mass spectra compared with the standard. The mass spectra of each peak were compared with a previous study Ha et al. [29]. The carotenoid content of each sample was quantified with reference to a corresponding calibration curve.

#### Analysis of chlorophyll contents

Chlorophyll was extracted and analyzed as described by Park et al. [9], with slight modification. Chlorophyll was extracted from 10 mg of freeze-dried pak choi samples which were mixed with 1 mL of methanol. The resulting mixture was vortexed for 30 s and then sonicated for 30 min at 70 °C. Sonicated samples were subjected to centrifugation at 3000 rpm for 10 min at 4 °C. The resulting supernatant was filtered and measured at 666 and 653 nm. The chlorophyll content was then estimated using a formula described previously Wellburn [30].

#### Extraction of glucosinolate and HPLC analysis

Glucosinolates were extracted and analyzed as described by Park et al. [9], with slight modification. Glucosinolates were extracted from 100 mg of freeze-dried pak choi samples, which was mixed with 4.5 mL of boiling 70% (v/v) methanol and incubated in a water bath at 70 °C for

5 min. Then, the mixture was centrifuged at 14,000 rpm for 10 min at 4 °C. The supernatant was passed through a mini-column containing diethylaminoethanol (DEAE) Sephadex A-25 (GE Healthcare, Uppsala, Sweden) and rinsed with 3 mL of sterile deionized water. For desulfation, the elute was mixed with 75 µL of purified arylsulfatase and incubated overnight at room temperature. The next day, samples were eluted with 0.5 mL (X3) of ultrapure water into a clean 2.0 mL microcentrifuge tube and filtered using a 0.22 µm PTFE syringe filters (Sterlitech Corp., Kent, WA, USA) into amber glass screw thread vials (Thermo Fisher Scientific, USA). The separation of glucosinolates was done by using a reversed-phase Inertsil ODS-3 column (150 × 3.0 mm, 3 µm) with an E type cartridge guard column (10 × 2.0 mm, 5 µm) at 40 °C using an Agilent Technologies 1200 series HPLC system (Palo Alto, CA, USA) at 227 nm. The mobile phase consisted of ultrapure water (solvent A) and acetonitrile (solvent B) with the flow rate was 1 mL/min. The gradient programs were as follows (40 min in total); 7–24% solvent B, 18 min; 24% solvent B, 14 min; 7% solvent B, 32.1 min; and 7% solvent B, 8 min. Each glucosinolate was identified based on their HPLC peak area ratios and quantified based on the retention time, peak areas, and response factor with reference to a desulfo-sinigrin (Sigma-Aldrich Co., Ltd., St. Louis, MO, USA) external standard.

#### Superoxide dismutase (SOD) activity

The SOD activity of pak choi cultivar extracts was determined based on the reduction of nitroblue tetrazolium (NBT), as described by Park et al. [15]. A sample of 50–250 µL of the methanol extract solution was mixed in a test tube with 0.2 µL of 0.1 mM ethylenediaminetetraacetic acid (EDTA) solution. Then, 100 µL of 24 mM NBT and 1000 µL of distilled water was added. The reaction was initiated by adding ~0.1 mL of hydroxylamine hydrochloride (1 mM). Samples were mixed gently and incubated at 25 °C for 20 min. Reduction of NBT was determined by measuring the absorbance at 560 nm using a UV spectrophotometer (Model UV-1800, Shimadzu corp., Japan) against an appropriate blank solution (sterile deionized water). Ascorbic acid was used as a positive control. SOD activity was estimated according to the formula described by Park et al. [15]. All analyses were performed using three biological replicates.

#### Reducing power assay

The reducing power of the methanol extracts of pak choi cultivars was evaluated as described by Park et al. [15]. Initially, we prepared a 200 mM phosphate buffer solution (pH 6.6). The reaction mixture consisted of 2.5 mL of 1% potassium ferricyanide and 50–250 µL methanol extract solution, to which 2.5 mL aliquots of phosphate

buffer were added. Then, the reaction mixture was incubated at 50 °C for 20 min and centrifuged at 3000 rpm for 15 min. After centrifugation, the supernatant (~2.5 mL) was transferred into a new 15 mL Falcon tube and mixed with 2.5 mL of 10% trichloroacetic acid (TCA). Sterile deionized water (2.5 mL) and 0.5 mL of 1% ferric chloride were added to this mixture. Ascorbic acid was used as a positive control. The absorbance of the reaction mixture was measured at 700 nm; an increase in absorbance at 700 nm indicated an increase in the reducing power of each sample. All analyzes were performed using three biological replicates.

#### 2-diphenyl-1-picrylhydrazyl (DPPH) scavenging assay

A pak choi DPPH scavenging assay was performed as described by Jeon et al. [31]. We prepared a 0.15% ice-cold methanol DPPH solution. The reaction mixture contained 4 mL of methanol and different concentrations of extracts (20–100 µg/mL in 1 mL). DPPH solution (0.2 mL) was added to the mixture, which was then incubated for 30 min in the dark at room temperature before the absorbance was measured at 515 nm. Ascorbic acid was used as a positive control. DPPH radical scavenging activity was estimated according to the formula described by Jeon et al. [31]. All analyzes were performed using three biological replicates.

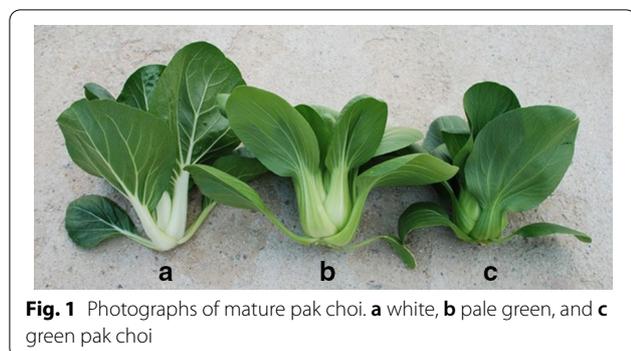
#### Statistical analysis

The data obtained from metabolic profiling were scaled to unit variance (UV) and then principal component analysis (PCA) and partial least squares-discriminant analysis (PLS-DA) were implemented using SIMCA-P + 12.0 software (Umetrics AB, Sweden). The PCA output provided an overview of the data, and the PLS-DA output was presented as a score plot to demonstrate the difference. All data were analyzed using IBM SPSS Statistics statistical software (version 24.0; IBM Corp, Armonk, NY, USA), and a Student's *t*-test was performed to determine significant differences and to illustrate the metabolite map. PathVisio 3.0.0 (<https://pathvisio.github.io>) was used to visualize metabolic pathways based on a modified *Arabidopsis* metabolic pathway downloaded from WikiPathways [AtMetExpress overview (*Arabidopsis thaliana*)]. Pearson's correlation analysis and hierarchical cluster analysis (HCA) were performed using MetaboAnalyst (<https://www.metaboanalyst.ca/>).

## Results

#### Phenotypic variation between the three pak choi cultivars

A non-heading leaf-type pak choi that produces large, succulent, and glossy green leaves with different colors of stalks was used. We classified pak choi as white, pale green, and green based on their stalk color (Fig. 1). The



**Fig. 1** Photographs of mature pak choi. **a** white, **b** pale green, and **c** green pak choi

dry weight of whole plant of white, pale green, and green pak choi cultivars are as follows  $12.1 \pm 0.9$ ,  $11.5 \pm 0.8$ ,  $11.2 \pm 0.8$  g/dw (Additional file 1: Table S1).

#### PCA and PLS-DA

PCA was performed to visualize the comprehensive metabolic profiling data obtained from the GC-TOFMS and HPLC analysis. The score plot of PCA showed clear separation among the pak choi cultivars (Fig. 2a). The white cultivar was separated from pale green and green cultivar by the first component (principal component 1; PC1). The pale green and green cultivar were separated by PC2. The loading plot of PCA showed the relative level of metabolites in each cultivar (Fig. 2b). For example, the white cultivar had a relatively higher level of quercetin, kaempferol, and photosynthetic pigments than those in the pale green and green cultivar. The PLS-DA was suitable to identify the metabolites that explain the difference among the three cultivars. R2 value closer to 1.0 is desirable and it indicates the goodness of fit for the PLS-DA model. Q2 value indicates the goodness of the prediction model, and  $Q2 > 0.9$  indicates an excellent prediction model. The PLS-DA model of the pak choi showed good separation ( $R2Y = 0.980$ ,  $Q2 = 0.937$ ) (Fig. 3). A value higher than 1.0 of variable importance in the projection (VIP) represents influential for the PLS-DA model and it is indicated those metabolites differ among the samples. Totally 53 kinds of metabolites were showed higher than 1.0 VIP value (Fig. 4 and Additional file 1: Table S2). Among the 53 kinds of metabolites, shikimic acid, phenylalanine, and phenylpropanoids except for catechin hydrate, quercetin, kaempferol were included. It indicated that the content of the metabolites related to the phenylpropanoid pathway has highly differed among the three cultivars.

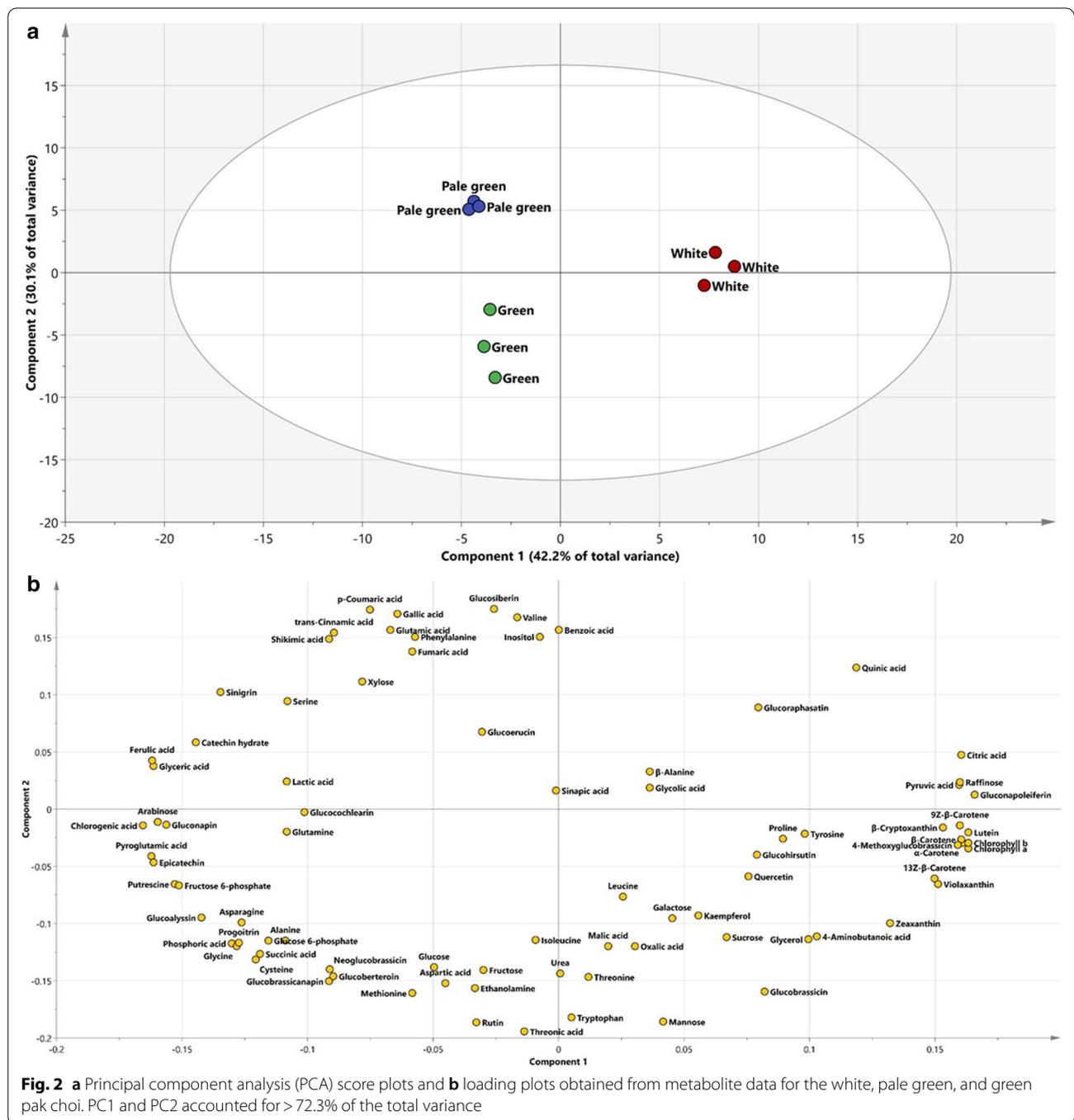
#### Analysis of hydrophilic metabolites content

Hydrophilic metabolic profiles of white, pale green, and green pak choi were determined using GC-TOFMS.

Forty-nine different hydrophilic metabolites were identified among the cultivars (Additional file 1: Fig. S1 and Table S3). Among these, 22 amino acids and amino acid derivatives were identified. The levels of leucine, proline, tyrosine,  $\beta$ -alanine, and 4-amino butanoic acid were higher in white pak choi relative to the other cultivars. The levels of alanine, glycine, methionine, and tryptophan were higher in the green cultivar than in the white and pale green cultivars. Eleven organic acids, phosphoric acid, and urea were identified in the three pak choi cultivars. The levels of citric acid, pyruvic acid, and quinic acid were higher in the white pak choi relative to the pale green and green cultivars. In the pale green cultivar, the levels of fumaric acid and shikimic acid were higher compared with the other cultivars. The levels of succinic acid and phosphoric acid were higher in the green cultivar than in the other cultivars. The level of raffinose was the highest, and the level of arabinose was the lowest in the white cultivar. The levels of xylose, glyceric acid, and inositol were higher in pale green pak choi than in the other cultivars. The levels of threonic acid, fructose 6-phosphate, and glucose 6-phosphate were higher in the green cultivar compared with the other cultivars. The primary metabolite contents in pak choi varied among the three cultivars.

#### Analysis of phenylpropanoid content

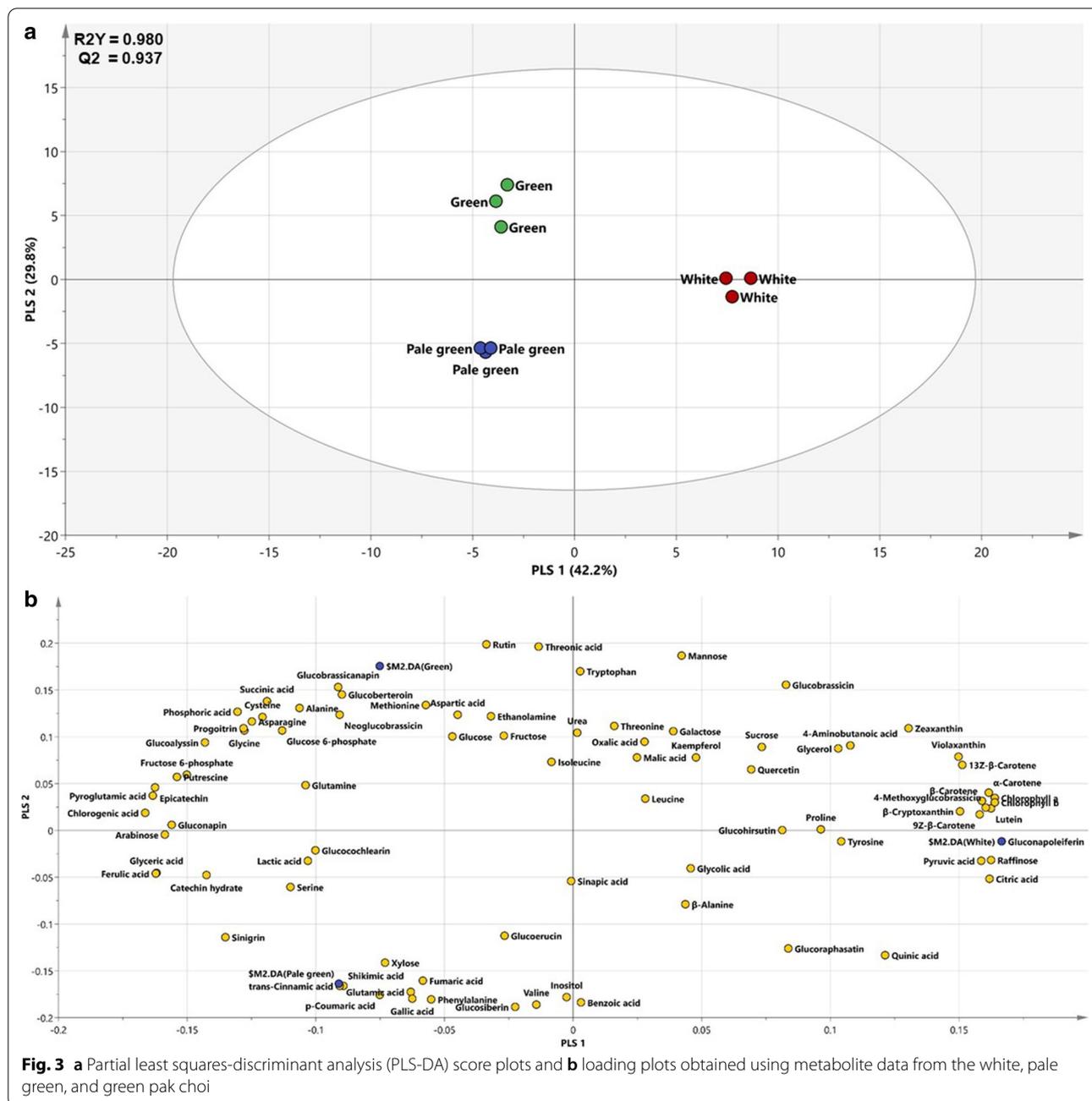
HPLC analysis of white, pale green, and green pak choi revealed the presence of 9 main phenolic compounds, including catechin hydrate, chlorogenic acid, epicatechin, ferulic acid, kaempferol, *p*-coumaric acid, quercetin, rutin, and *trans*-cinnamic acid (Additional file 1: Fig. S2 and Table 1). Among the phenolic compounds ( $\mu\text{g/g dw}$ ), the total phenolic content was high in all cultivars, whereas the content of *trans*-cinnamic acid was low. In addition, the levels of most of the phenolic compounds were higher in the pale green followed by the green cultivar, and finally, the white cultivar. In the pale green cultivar, the contents of catechin hydrate, ferulic acid, *p*-coumaric acid, and *trans*-cinnamic acid were higher, whereas, in the green cultivar, the contents of chlorogenic acid, epicatechin, and rutin were higher. However, in the white cultivar, only two phenolic compounds (quercetin and kaempferol) were present at higher levels. Interestingly, epicatechin was present only in the pale green and green cultivars and was not detected in the white cultivar. The total phenolic compounds were found in the pale green cultivar ( $799.88 \mu\text{g/g dw}$ ), and were 2.21- and 1.00-fold higher than in the white and green cultivars, respectively. Similarly, the ferulic acid content in the pale green cultivar was 1.79- and 1.14-fold higher than that in the white and green cultivars, respectively. In the pale green and



green cultivars, the levels of ferulic acid, chlorogenic acid, and *p*-coumaric acid were significantly higher than the levels of other phenolic compounds. Conversely, the levels of chlorogenic acid in the green and pale green cultivars were 4.52- and 4.65-fold higher than in the white cultivar. These results indicated, that among the different pak choi cultivars, the pale green cultivar contained the highest phenolic content.

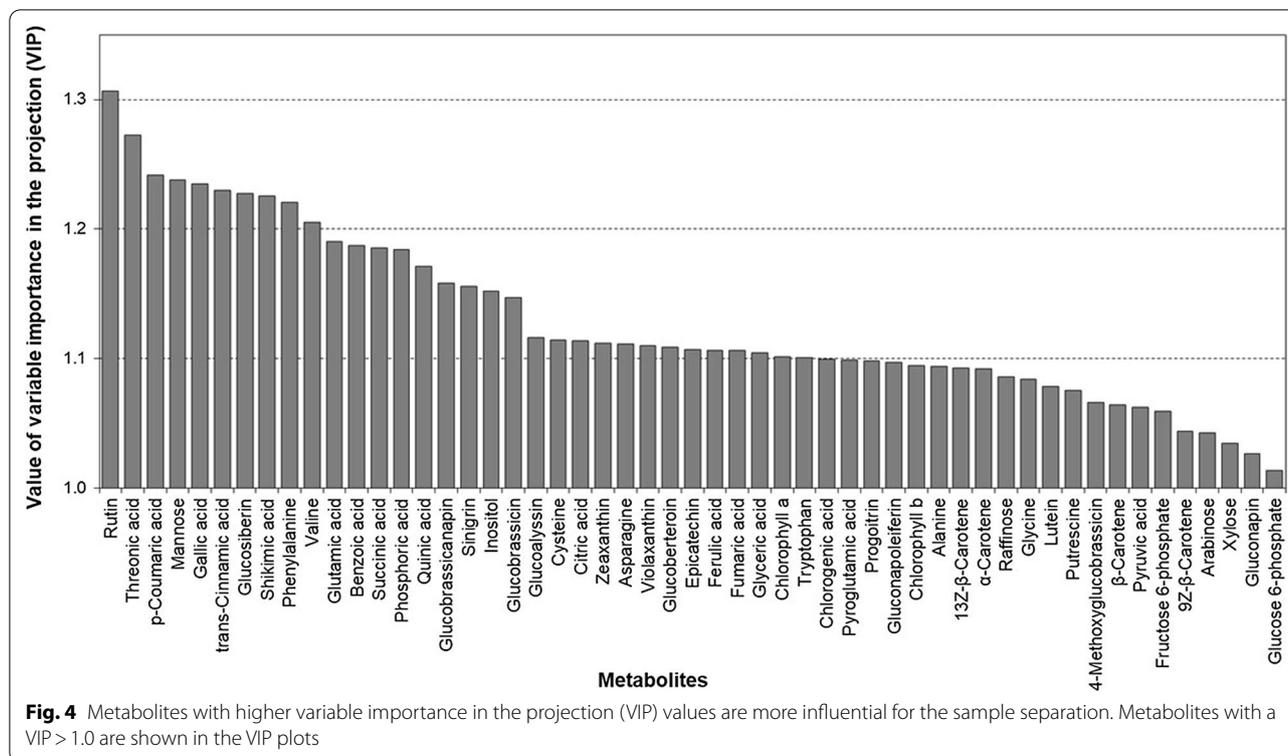
**Analysis of carotenoid and chlorophyll**

HPLC analysis of the three pak choi cultivars revealed the presence of eight different carotenoids: 13Z- $\beta$ -carotene, 9Z- $\beta$ -carotene, lutein, violaxanthin, zeaxanthin,  $\alpha$ -carotene,  $\beta$ -carotene, and  $\beta$ -cryptoxanthin (Additional file 1: Fig. S3 and Table 2). The level of total carotenoids was significantly higher in the white cultivar compared with the pale green and green cultivars.



Specifically, the total carotenoid content in the white cultivar (677.11  $\mu\text{g/g dw}$ ) was 2.49- and 1.87-fold higher than that in the pale green (271.71  $\mu\text{g/g dw}$ ) and green cultivars (362.98  $\mu\text{g/g dw}$ ), respectively. A similar result was obtained for individual carotenoids, with higher contents in the white cultivar compared with the pale green and green cultivators. In the white cultivar, the highest individual carotenoid contents were observed for  $\beta$ -carotene, lutein, 9Z- $\beta$ -carotene, 13Z- $\beta$ -carotene, zeaxanthin,  $\alpha$ -carotene, violaxanthin, and  $\beta$ -cryptoxanthin,

which were found at levels 2.3-, 2.75-, 2.3-, 2.7-, 2.04-, 2.38-, 3.74-, and 2.04-fold higher than in the pale green cultivar. In the pale green cultivars, these were found at levels 1.77-, 2.07-, 1.92-, 1.58-, 1.24-, 1.75-, 2.23-, and 1.72-fold higher than in the green cultivar, respectively. In all three pak choi cultivars, the levels of  $\beta$ -carotene, lutein, 9Z- $\beta$ -carotene, and 13Z- $\beta$ -carotene were significantly higher than the levels of other carotenoids. Interestingly, violaxanthin was only identified in the white and green cultivars, whereas it was not detected in the pale



**Table 1** Phenylpropanoid contents in white, pale green, and green pak choi

Phenylpropanoid (µg/g dw)	White	Pale green	Green
Catechin	8.06 ± 2.18c	15.21 ± 1.13a	12.87 ± 2.25b
Chlorogenic acid	27.55 ± 2.17c	124.47 ± 2.21b	128.33 ± 4.93a
Epicatechin	ND	138.13 ± 2.71b	168.86 ± 14.26a
p-coumaric acid	42.10 ± 0.94b	53.83 ± 0.87a	40.65 ± 2.50c
Ferulic acid	252.16 ± 12.97c	451.25 ± 10.19a	393.53 ± 5.65b
Rutin	15.45 ± 0.16b	7.75 ± 0.24c	36.04 ± 0.90a
trans-cinnamic acid	1.09 ± 0.22b	2.60 ± 0.16a	1.11 ± 0.12b
Quercetin	9.23 ± 8.10a	2.87 ± 2.52c	7.10 ± 3.35b
Kaempferol	7.03 ± 3.45a	3.77 ± 1.33c	6.81 ± 4.46b
Total	362.67 ± 30.19c	799.88 ± 21.36a	795.3 ± 38.42b

ND not detected. Mean values with different letters a–c denote a significant difference ( $p < 0.05$ , ANOVA, Duncan’s multiple range test (DMRT) within the column

green cultivar. These results indicate, that the levels of most carotenoids were higher in the white cultivar compared with the other two cultivars.

The total chlorophyll content was highest in the white cultivar (6870 µg/g dw) followed by the green (4020 µg/g dw) and pale green (3150 µg/g dw) cultivars. The total chlorophyll content in the white cultivar was 1.71- and 2.18-fold higher than that in the green and pale green cultivars, respectively (Table 3). The Chl *a* content was also higher in the white cultivar (4830 µg/g dw) compared with the pale green (2170 µg/g dw) and green

(2810 µg/g dw) cultivars. A similar result was obtained for Chl *b*; the content in the white cultivar were 2.08- and 1.69-fold higher than in pale green and green cultivars, respectively.

**Analysis of glucosinolate content**

HPLC analysis of the three pak choi cultivars revealed the presence of 13 glucosinolate compounds. There was a slight variation in the glucosinolate content of the three cultivars. The total glucosinolate level was highest in the green cultivar (1647.18 µg/g dw) followed by the pale

**Table 2 Carotenoid contents in white, pale green, and green pak choi**

Carotenoids ( $\mu\text{g/g dw}$ )	White	Pale green	Green
Violaxanthin	3.74 $\pm$ 0.69a	ND	1.68 $\pm$ 0.20b
Lutein	269.97 $\pm$ 30.47a	98.15 $\pm$ 6.80c	130.17 $\pm$ 13.25b
Zeaxanthin	13.21 $\pm$ 1.59a	6.49 $\pm$ 0.63c	10.65 $\pm$ 1.01b
$\beta$ -cryptoxanthin	3.00 $\pm$ 0.62a	1.47 $\pm$ 0.22c	1.74 $\pm$ 0.11b
13Z- $\beta$ -carotene	43.05 $\pm$ 4.17a	16.08 $\pm$ 4.29c	27.17 $\pm$ 1.49b
$\alpha$ -carotene	4.87 $\pm$ 0.27a	2.05 $\pm$ 0.15b	2.79 $\pm$ 0.32b
$\beta$ -carotene	282.87 $\pm$ 38.79a	123.01 $\pm$ 5.69c	159.37 $\pm$ 12.52b
9Z- $\beta$ -carotene	56.38 $\pm$ 9.69a	24.46 $\pm$ 0.99c	29.41 $\pm$ 2.40b
Total	677.11 $\pm$ 86.29a	271.71 $\pm$ 18.76c	362.98 $\pm$ 31.32b

ND not detected. Mean values with different letters a–c denote a significant difference ( $p < 0.05$ , ANOVA, DMRT) within the column

**Table 3 Chlorophyll contents in white, pale green, and green pak choi**

Chlorophyll ( $\mu\text{g/g dw}$ )	White	Pale green	Green
Chlorophyll <i>a</i>	4830 $\pm$ 0.18a	2170 $\pm$ 0.14c	2810 $\pm$ 0.10b
Chlorophyll <i>b</i>	2040 $\pm$ 0.11a	980 $\pm$ 0.07c	1210 $\pm$ 0.04b
Total	6870 $\pm$ 0.29a	3150 $\pm$ 0.20c	4020 $\pm$ 0.14b

Mean values with different letters a–c denote a significant difference ( $p < 0.05$ , ANOVA, DMRT) within the column

green (1599.52  $\mu\text{g/g dw}$ ) and white (356.89  $\mu\text{g/g dw}$ ) cultivars (Additional file 1: Fig. S4 and Table 4). Among the individual glucosinolates, the content of gluconapin was significantly higher than that of the other glucosinolates. Gluconapin content was significantly higher in the pale

green (1041.8  $\mu\text{g/g dw}$ ) and green (1011.87  $\mu\text{g/g dw}$ ) cultivars compared with the white cultivar (356.89  $\mu\text{g/g dw}$ ). The glucobrassicin and neoglucobrassicin content were also slightly higher in all three cultivars. The sinigrin content was higher in the pale green (1982.92  $\mu\text{g/g dw}$ ) and green cultivar (75.35  $\mu\text{g/g dw}$ ), whereas it was not detected in the white cultivar. Similarly, glucobrassicinapin was not detected in the white cultivar, whereas small amounts were detected in the pale green and green cultivars. Interestingly, gluconapoleiferin was only identified in the white cultivar. The level of 4-methoxyglucobrassicin was 2.27- and 1.83-fold higher in the white cultivar compared with the pale green and green cultivars, respectively. The contents of the other glucosinolates ranged from 1.64 to 12.42  $\mu\text{g/g dw}$  in the white cultivar. In the pale green cultivar, except for gluconapin and sinigrin, the content of glycoalyssin (67.18  $\mu\text{g/g dw}$ ) was higher than that of the other glucosinolates (2.38–46.89  $\mu\text{g/g dw}$ ). In the green cultivar, the levels of progoitrin and glucoalyssin were 1.95- and 1.62-fold higher than in the pale green cultivar, respectively. The level of glucobrassicin in the white and green cultivars was 97.35 and 97.67  $\mu\text{g/g dw}$ , which was 2.07 and 2.08-fold higher than the pale green cultivar, respectively. In addition, glucoerucin was not detectable in the green cultivar, whereas the content was slightly higher in the other two cultivars. The results showed that green pak choi contained the highest individual and total glucosinolate contents among the pak choi cultivars.

#### In vitro antioxidant assays

The SOD-like activity of the methanol extracts from the three pak choi cultivars (volumes ranged from 31.25

**Table 4 Glucosinolate contents in white, pale green, and green pak choi**

Glucosinolates ( $\mu\text{g/g dw}$ )	White	Pale green	Green
Progoitrin	5.43 $\pm$ 1.40c	35.54 $\pm$ 5.27b	69.32 $\pm$ 20.39a
Sinigrin	ND	198.92 $\pm$ 26.42a	75.35 $\pm$ 16.60b
Glucoalyssin	10.55 $\pm$ 0.50c	67.18 $\pm$ 7.41b	109.06 $\pm$ 20.27a
Gluconapoleiferin	12.42 $\pm$ 0.93a	ND	ND
Gluconapin	4.85 $\pm$ 0.24c	1041.8 $\pm$ 68.51a	1011.87 $\pm$ 387.45b
Glucoiberin	10.58 $\pm$ 3.32b	21.18 $\pm$ 4.98a	2.82 $\pm$ 0.41c
Glucobrassicinapin	ND	2.38 $\pm$ 0.21b	14.02 $\pm$ 5.13a
Glucoerucin	2.56 $\pm$ 0.77b	3.75 $\pm$ 0.89a	ND
Glucoraphasatin	6.49 $\pm$ 0.78a	5.87 $\pm$ 0.89b	3.66 $\pm$ 1.57c
Glucobrassicin	97.35 $\pm$ 6.03a	46.89 $\pm$ 7.74b	97.67 $\pm$ 20.30a
4-Methoxyglucobrassicin	94.87 $\pm$ 1.97a	41.83 $\pm$ 3.75c	51.93 $\pm$ 12.25b
Glucobetteroin	3.39 $\pm$ 1.21c	9.31 $\pm$ 1.11b	35.19 $\pm$ 14.69a
Neoglucobrassicin	106.75 $\pm$ 3.21c	124.86 $\pm$ 7.68b	174.25 $\pm$ 42.50a
Total	356.89 $\pm$ 10.96c	1599.52 $\pm$ 113.44b	1647.18 $\pm$ 534.72a

ND not detected. Mean values with different letters a–c denote a significant difference ( $p < 0.05$ , ANOVA, DMRT) within the column

to 1000 µg/mL) was slightly increased with increasing concentrations (Fig. 5a). At 31.25 µg/mL, the scavenging activity of the ascorbic acid (94.11 ± 0.2%), whereas the methanolic extract of white, pale green, green cultivars were 90.84 ± 0.1%, 91.7 ± 0.1%, and 91.27 ± 0.1%, respectively. Among the three different cultivars, the methanol extracts from white pak choi had higher activity (93.34 ± 0.1%) than the pale green and green cultivars at 1,000 µg/mL. The reducing power of the pak choi

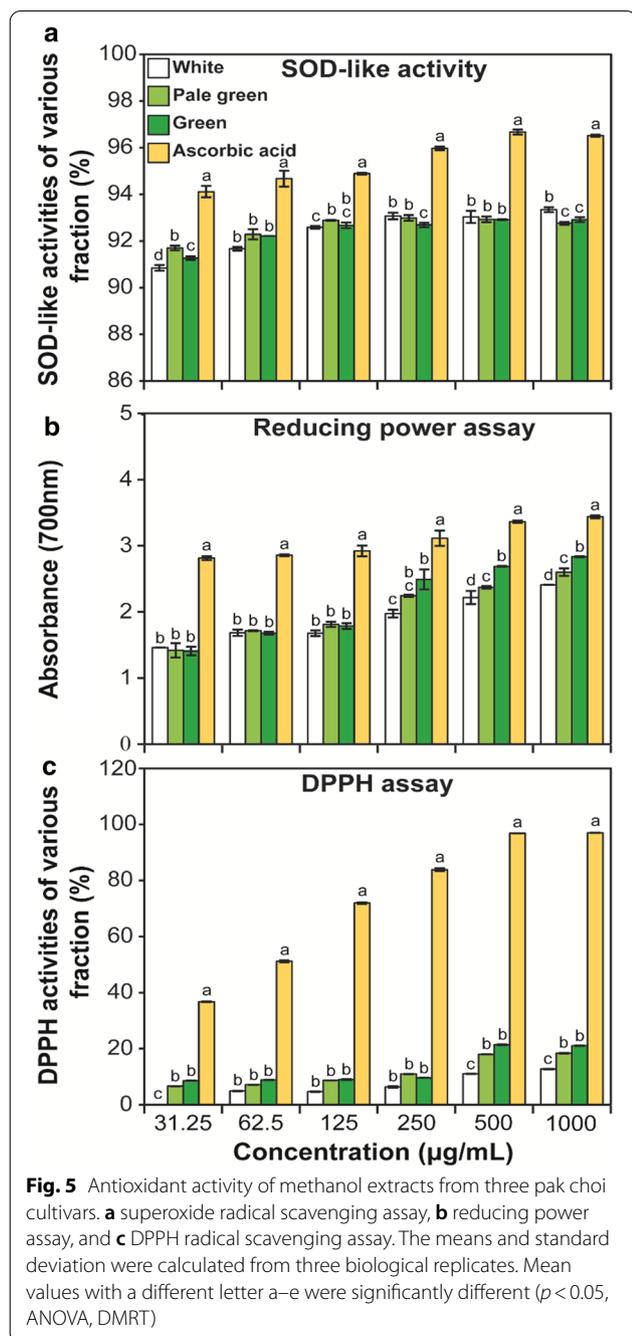
extracts was also increased gradually with increasing concentrations. Notably, the green extracts presented the highest antioxidant activity among the cultivars tested at 250, 500, and 1,000 µg/mL (Fig. 5b). The DPPH free radical scavenging activity of different pak choi cultivar extracts was calculated at different concentrations (volumes ranged from 31.25 to 1000 µg/mL). At most tested concentrations, DPPH activity was slightly increased in the green cultivar compared with the white and pale green cultivars. Methanolic extract from white, pale green, green cultivars had 12.70 ± 0.1%, 18.39 ± 0.1%, and 21.07 ± 0.1% DPPH activity, respectively, at the 1,000 µg/mL concentration, whereas the DPPH activity of ascorbic acid was 97.01 ± 0.0%. At the initial concentration (31.25 µg/mL), the white cultivar did not present any DPPH activity (Fig. 5c).

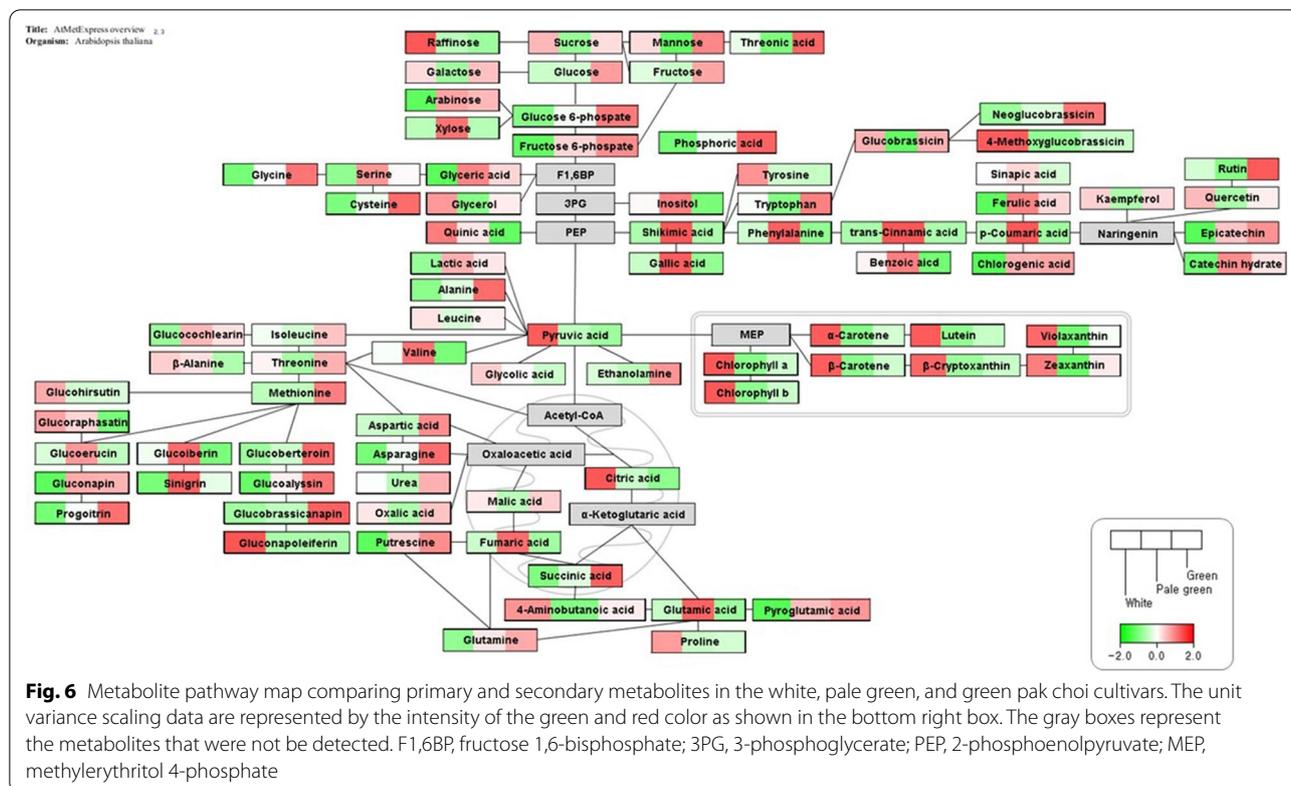
### Metabolic pathway map comparing primary and secondary metabolites

Pathvisio software was used to compare the differences between the three pak choi cultivars based on the metabolite pathway [32]. The UV scaling data were input into the pathway and visualized as red or green colors per the scale bar (Fig. 6). Among the three cultivars, the levels of pyruvic acid and pigments were highest in the white cultivar, while the levels of glucose, fructose, glucose 6-phosphate, and fructose 6-phosphate were the lowest. In contrast, the levels of pyruvic acid and pigments were lower, and the levels of glucose, fructose, glucose 6-phosphate, and fructose 6-phosphate were higher in the pale green and green cultivars compared with the white cultivar. The levels of phenylalanine, *trans*-cinnamic acid, *p*-coumaric acid, ferulic acid, benzoic acid, chlorogenic acid, and gallic acid were higher in the pale green pak choi compared to the other cultivars. The level of the phenylalanine precursor, shikimic acid, was also highest in the pale green pak choi cultivar. However, the levels of flavonols (rutin, quercetin, and kaempferol) were lower in the pale green cultivar than in the other cultivars. The levels of flavonols (catechin and epicatechin) were higher in the pale green and green cultivar than in the white cultivar. The levels of methionine and tryptophan, which is used as a precursor of aromatic and indolic glucosinolate metabolism, respectively, were highest in the green cultivar. In the green cultivar, the levels of methionine and tryptophan were 2.28- and 1.20-fold higher than in the white cultivar, in which their levels were 2.23- and 1.50-fold higher than in the pale green cultivar, respectively (Additional file 1: Table S3).

### Metabolite-to-metabolite correlation

A relation between metabolites has been analyzed using Pearson's correlation coefficient or other related similarity



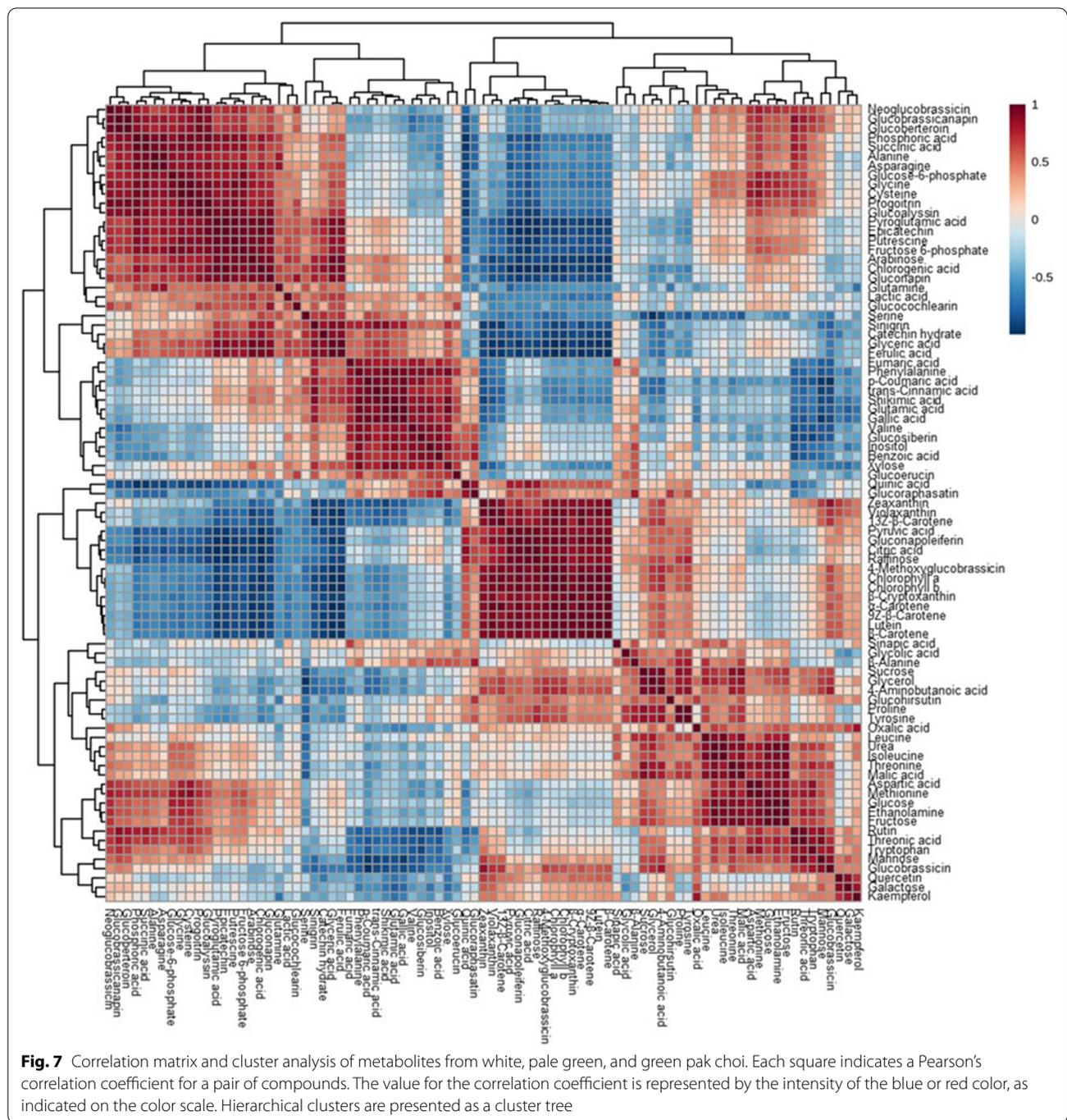


measures. A correlation analysis enables understanding relationships between metabolites in a biological system [33]. To understand the correlation between 85 metabolites in the three pak choi cultivars, HCA with Pearson's correlation coefficient was performed. As a result of HCA, the metabolite-to-metabolite correlation matrix was obtained (Fig. 7 and Additional file 2: Table S4). The metabolites that were associated with closely related biosynthetic pathway were clustered in major two groups (boxed within yellow dotted lines). One group contained phenolic acids and flavanols and it was positively correlated with each other. Sinapic acid was also positively correlated with other phenolic acids although it was contained the other group. In addition, phenylalanine and shikimic acid were positively correlated with *trans*-cinnamic acid, *p*-coumaric acid, ferulic acid, sinapic acid, benzoic acid, and chlorogenic acid. Those metabolites share phenylalanine as an intermediate and shikimic acid is a precursor of phenylalanine. The other group was divided another two groups (boxed within green lines). Photosynthetic pigments were clustered together in one group and flavonols were clustered together in the other group. The pigments and flavonols were positively correlated in each group. A positive correlation was found between pyruvic acid and pigments. In addition, a negative correlation was found between pyruvic acid

and sugars (glucose, fructose, glucose 6-phosphate, and fructose 6-phosphate). Notably, significant negative correlations were observed between pigments and phenylpropanoids except for flavonols. For example, significant positive correlations were observed between  $\beta$ -carotene and ferulic acid ( $r = -0.9687, p < 0.0001$ ), chlorogenic acid ( $r = -0.9313, p = 0.0002$ ), catechin ( $r = -0.9208, p = 0.0004$ ), and epicatechin ( $r = -0.8858, p = 0.0022$ ).

### Discussion

In the present study, we characterized most secondary metabolites in pak choi cultivars of different colors. Phenolic compounds, carotenoids, and glucosinolates play crucial roles in plant defense mechanisms and have potential benefits for human health [34–36]. We found that the levels of phenolic compounds, carotenoids, chlorophyll, and glucosinolates differed significantly between the three pak choi cultivars. A similar result was obtained when analyzing the glucosinolate profiles of 13 different pak choi sprouts (*B. rapa* ssp. *chinensis*), in which the individual glucosinolate concentration differed significantly [37]. A recent study identified 13 glucosinolates from 11 varieties of Chinese cabbage. Those authors found that the levels of glucosinolates and carotenoids differed significantly between different varieties of Chinese cabbage [9, 38]. Kim et al. [39] reported that



Chinese cabbage cultivars, such as e-Norange, Kori, and Sandun, are suitable for breeding programs due to their high levels of glucosinolates. Recently, metabolic profiling of rectangular and oval Chinese cabbage cultivars identified eight individual glucosinolate compounds, whose contents varied significantly between cultivars [9]. In addition, metabolic profiling of nine Chinese cabbage cultivars revealed variation in the content of

glucosinolates and carotenoids. Among those different cultivars, the Cheonsangcheonha and Waldong-cheonha cultivars presented the highest total glucosinolates and carotenoid levels [40]. Analysis of the carotenoid composition of two Chinese cabbage cultivars *B. rapa* 'orange queen' and *B. rapa* 'Yuki', revealed significant variation in the composition of major carotenoids and the contents of total carotenoids [41].

Most studies have reported significant variation in the accumulation and content of phenolic compounds in different pak choi and Chinese cabbage cultivars, which is similar to the results of the present study [9, 27, 41–43]. Analysis of phenylpropanoid contents in mature leaves of the green pak choi cultivar '8210' and the purple cultivar '8389' revealed significant variation between cultivars [27]. Jiang et al. [42] compared *B. rapa* 'Shinhong Ssam' (red) and *B. rapa* 'Samjin' (green) Chinese cabbage cultivars and reported significant differences in the level of phenols. Among those two cultivars, the red cultivar presented the highest levels of caffeic acid, ferulic acid, isorhamnetin, kaempferol, *p*-coumaric acid, quercetin, and sinapic acid. Similarly, in another study, analysis of variation in the phenolic compounds of Chinese cabbage cultivars *B. rapa* 'Kwonongbbalgang No. 2' (red) and *B. rapa* 'Bulam' No. 3, *B. rapa* 'Hwangsim', and *B. rapa* 'CR-power' (green), revealed significant differences in the accumulation of phenolic compounds [43]. The difference in the accumulation of secondary metabolites might be caused by many factors [15], such as the chemical analysis conditions [44], climatic factors [45], developmental and environmental regulation [46], species specificity [47], and variety specificity [48, 49]. These factors might affect the quality and quantity of secondary metabolites in plants.

Phenylalanine is a common precursor for the synthesis of various phenylpropanoid compounds. Indolic glucosinate biosynthesis has been reported to limit the accumulation of phenylpropanoid in *Arabidopsis thaliana* [50]. However, this does not occur in pak choi cultivars; in the present study, all three pak choi cultivars accumulated glucosinolate at low levels, whereas the phenylpropanoid content was increased. A previous study using *Vitis* suspension culture showed the endogenous phenylalanine content increased at the end of cell division. This might lead to increased expression of *phenylalanine ammonia-lyase* (*PAL*) and *chalcone synthase* (*CHS*) and subsequent increase in the activity of these two enzymes, leading to over-accumulation of anthocyanin content [51]. In addition, the application of exogenous phenylalanine was found to enhance *CHS* expression and anthocyanin accumulation when *Vitis* suspension culture contained low levels of endogenous phenylalanine during cell division. Moreover, the use of transgenic tobacco revealed that overexpression of *PAL*, which is involved in the conversion of phenylalanine to cinnamic acid, resulted in a greater accumulation of phenylpropanoid content [52]. Similarly, other phenylpropanoid pathway genes, such as cinnamate 4-hydroxylase (*C4H*) and chalcone isomerase (*CHI*), are significantly associated with phenylpropanoid accumulation [53, 54].

Jeon et al. [27] reported less accumulation of phenylpropanoid in the green pak choi cultivar compared with the purple pak choi cultivar '8389'. In addition, only seven phenylpropanoids were found in the green pak choi cultivar '8210'; in which quercetin and kaempferol were not detected [27]. However, in the present study, 11 phenylpropanoids were identified in each of the three pak choi cultivars, with the highest accumulation observed in green pak choi. The phenylpropanoid content in the green pak choi used in this study was higher than that in the green pak choi cultivar '8210'.

The results of *in vitro* antioxidant activity assays revealed a slight increase in reducing DPPH free radical scavenging activity, and in the reducing powers assay in the green and pale green cultivars. This was consistent with the results of a previous study, which demonstrated that phenolic compounds can exert antioxidant activity via numerous pathways [55]. Free radical scavenging might be important, in which the phenolic molecule can be degraded in the free radical chain reaction [56]. The presence of various substituents in the phenol backbone might regulate their antioxidant activity, especially, their hydrogen-donating capability. This was similar to our results; the green and pale green pak choi cultivars accumulated the highest amount of total phenolic compounds, leading to increased antioxidant activities (such as DPPH free radical scavenging activity and reducing powers assay) in both cultivars.

Metabolic profiling and chemometrics have been used to analyze metabolic interactions in Brassicaceae vegetables [9, 40, 57]. A negative relationship between anthocyanins and primary metabolites was observed in purple kohlrabi [58]. A correlation between the metabolites was observed in those that participated in closely related pathways in colored cauliflowers [59]. As shown in previous studies, using the metabolic pathway map and HCA, it was revealed that metabolites were likely to be correlated with other metabolites with shared metabolism in pak choi, although the content and composition of individual metabolites differed between cultivars. The white cultivar contained the highest levels of pyruvic acid, chlorophylls, and carotenoids. In contrast, intermediates of glycolysis (glucose 6-phosphate, and fructose 6-phosphate) were present at lower levels in the white cultivar than in the other cultivars. Pyruvic acid positively correlated with pigments and negatively correlated with sugars (glucose, fructose, glucose 6-phosphate, and fructose 6-phosphate). This indicated that glucose was rapidly converted to pyruvic acid via glycolysis, and that activation of the methylerythritol 4-phosphate (*MEP*) pathway was enhanced, leading to the production of pigments in the white cultivar. The pale green pak choi contained higher levels of phenolic acids and flavonols. In addition,

the levels of phenylalanine, which is used for phenylpropanoid metabolism, and shikimic acid, which is used for phenylalanine metabolism, were higher in the pale green pak choi than in the other cultivars. A positive correlation between phenolic acids and flavonols has been reported in cabbage [60], but a negative correlation was detected in the three pak choi cultivars. In transgenic tobacco, the overexpression of *PAL*, which is involved in the conversion of phenylalanine to cinnamic acid, resulted in a higher accumulation of phenylpropanoid content [52]. This indicated that the phenylpropanoid pathway was more active in the pale green cultivar for accumulating flavanols than in the other cultivars. In the green cultivar, the levels of precursors (methionine, and tryptophan) for glucosinolates and total glucosinolate were highest among the three cultivars. In broccoli, there was no significant correlation between free amino acids (methionine, tryptophan, and phenylalanine) and glucosinolates [61]. In rapeseed, protein, methionine, and glucosinolate content were reduced at low sulfate levels [62]. In the case of green pak choi a positive relationship was found between amino acids (methionine, tryptophan) and some glucosinolates.

In this study, we explored the metabolic profiles of primary and secondary metabolites in three pak choi cultivars of different colors. The results confirmed that HPLC and GC-TOFMS-based metabolite profiling are suitable techniques for identifying the difference between metabolites in pak choi cultivars. Forty-nine metabolites (22 amino acids and amino acid derivatives, 13 organic acids, inorganic acids, organic compounds, and 14 sugars, sugar alcohols), eleven phenolics, fifteen glucosinolates, and eight carotenoid compounds were identified and quantified. The pale green and green cultivars showed the highest accumulation of total phenolics and glucosinolate content, whereas the levels of carotenoid and chlorophyll content were higher in the white cultivar. In the white, pale green, and green cultivars, SOD activity, DPPH free radical scavenging activity, and reducing power were slightly increased, respectively. The results showed that pak choi extracts possess antioxidant properties. In addition, a negative correlation between pigments (carotenoids and chlorophylls) and phenylpropanoids (phenolic acids and flavanols) was revealed using metabolite-to-metabolite correlation analysis. This appears to be the first such observation of relationships between photosynthetic pigments and phenylpropanoids in pak choi. The results of metabolic profiling will provide knowledge on the phenolics, glucosinolates, carotenoids, chlorophyll contents, and antioxidant activity in different-colored pak choi cultivars, and is useful information for the

human consumption of this leaf vegetables. Moreover, this information might be helpful to improve the content of different phytochemicals, such as phenolics, glucosinolates, carotenoids, and chlorophyll in pak choi cultivars. Furthermore, analyzation of the relationship between metabolites might provide for understanding the secondary metabolite biosynthetic pathway of pak choi. In addition, this study may provide support for a synergetic antioxidant, which is derived from phenylpropanoids, glucosinolates, carotenoids, and chlorophyll in the leaves of pak choi cultivars.

### Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s13765-020-00574-2>.

**Additional file 1: Fig. S1.** GC-TOFMS chromatogram of hydrophilic compounds in the pale green pak choi. Peak: 1, Pyruvic acid; 2, Lactic acid; 3, Alanine; 4, Oxalic acid; 5, Glycolic acid; 6, Valine; 7, Urea; 8, Serine-1; 9, Ethanolamine; 10, Glycerol; 11, Phosphoric acid; 12, Leucine; 13, Isoleucine; 14, Proline; 15, Glycine; 16, Succinic acid; 17, Glyceric acid; 18, Fumaric acid; 19, Serine-2; 20, Threonine; 21,  $\beta$ -Alanine; 22, Malic acid; 23, Aspartic acid; 24, Methionine; 25, Pyroglutamic acid; 26, 4-Aminobutanoic acid; 27, Threonine acid; 28, Cysteine; 29, Glutamic acid; 30, Phenylalanine; 31, Xylose-1; 32, Xylose-2; 33, Arabinose; 34, Asparagine; 35, Adonitol (Internal standard); 36, Putrescine; 37, Glutamine; 38, Shikimic acid; 39, Citric Acid; 40, Quinic acid; 41, Fructose-1; 42, Fructose-2; 43, Mannose; 44, Galactose; 45, Glucose-1; 46, Glucose-2; 47, Tyrosine; 48, Inositol; 49, Tryptophan; 50, Sinapic acid; 51, Fructose-6-phosphate; 52, Glucose-6-phosphate-1; 53, Glucose-6-phosphate-2; 54, Sucrose; 55, Raffinose. **Fig. S2.** HPLC chromatogram of phenylpropanoids in the pale green pak choi. Peak: 1, Gallic acid; 2, Catechin hydrate; 3, Chlorogenic acid; 4, Epicatechin; 5, *p*-coumaric acid; 6, Ferulic acid; 7, Benzoic acid; 8, Rutin; 9, *trans*-Cinnamic acid; 10, Quercetin; 11, Kaempferol. **Fig. S3.** HPLC chromatogram of carotenoids in pale green pak choi. Peak: 1, Violaxanthin; 2, Lutein; 3, Zeaxanthin; 4,  $\beta$ -apo-8'-carotenal (Internal standard); 5,  $\beta$ -cryptoxanthin; 6, 13Z- $\beta$ -carotene; 7,  $\alpha$ -carotene; 8,  $\beta$ -carotene; 9, 9Z- $\beta$ -carotene. **Fig. S4.** HPLC chromatogram of glucosinolates in the pale green pak choi. Peak: 1, Progoitrin; 2, Sinigrin; 3, Glucoalysin; 4, Gluconapin; 5, Glucoiberin; 6, Glucobrassicinapin; 7, Glucoerucin; 8, Glucoraphasatin; 9, Glucobrassicin; 10, 4-Methoxyglucobrassicin; 11, Glucoberteroin; 12, Neoglucobrassicin. **Table S1.** Dry weight of whole plant of white, pale green, and green pak choi. **Table S2.** Variable importance in the projection (VIP) was obtained from the partial least squares-discriminant analysis (PLS-DA) model with VIP > 1.0. **Table S3.** Hydrophilic metabolites contents in white, pale green, and green pak choi.

**Additional file 2: Table S4.** Pearson's correlation analysis of metabolite data obtained from the white, pale green, and green pak choi.

### Abbreviations

C4H: Cinnamate 4-hydroxylase; CHI: Chalcone isomerase; CHS: Chalcone synthase; DEAE: Diethylaminoethanol; DPPH: 2,2-Diphenyl-1-picrylhydrazyl; EDTA: Ethylenediaminetetraacetic acid; GC-TOFMS: Gas chromatography attached with time-of-flight mass spectrometry; HCA: Hierarchical cluster analysis; HPLC: High-performance liquid chromatography; MEP: Methylerythritol 4-phosphate; NBT: Nitroblue tetrazolium; PAL: Phenylalanine ammonia-lyase; PC1: Principal component 1; PCA: Principal component analysis; PLS-DA: Partial least squares-discriminant analysis; SOD: Superoxide dismutase; TCA: Trichloroacetic acid; UV: Unit variance.

### Authors' contributions

JKK and SUP conceived and designed the experimental work. HJY, SAB, and RS carried out the experiments. RS, JKK, and SUP wrote the manuscript. All authors read and approved the final manuscript.

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### Availability of data and materials

All data generated or analyzed during this study are included in this published article and its Additional file 1.

### Ethics approval and consent to participate

Not applicable because we did not work with animals or humans.

### Competing interests

The authors declare that they have no competing interests.

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